

Bird Dance

拍数: 32 墙数: 2 级数: Beginner
编舞者: Shanthie De Mel (AUS) - January 2011
音乐: Rockin' Robin - Megan Joy : (American Idol 8 - 2:30)



Begin: Weight on L. 16 count Intro. Start on "...Rocks in the tree top..."
Please exaggerate the bird moves to make it a fun dance!
For split floors see Intermediate line dance - 'Twitter' by Shanthie De Mel

SIDE, TAP, FLAP, FLAP, SIDE, TAP, FLAP, FLAP (with wing moves)

- 1, 2 Step R to right side, tap L toe behind R
- 3, 4 Bring bent elbows to waist (wings) & flap them in & out, flap again
- 5, 6 * Step L to left side, tap R toe behind L
- 7, 8 Bring bent elbows to waist (wings) & flap them in & out, flap again (12:00)

FWD, TOG, WIGGLE, BACK, TOG, HANDS- HANDS- HANDS (with tail & beak moves)

- 1, 2 Step R fwd, step L together
- 3, 4 Bend knees, stick out bottom, push arms back & wiggle (tails) for 2 counts
- 5, 6 Step R back, step L together
- 7&8 Bring palms up to shoulders facing out, open & close fingers (beaks) once for each count (12:00)

(when the song says "Tweet, Tweet, Tweet")

ROCK FWD, RETURN, ROCK BACK, RETURN. (REPEAT)

- 1, 2, 3, 4 Rock R fwd moving right shoulder fwd, return L, rock R back with shoulder back, return L
- 5, 6, 7, 8 Rock R fwd moving right shoulder fwd, return L, rock R back with shoulder back, return L (12:00)

PADDLE, PADDLE, HEEL-FLICK, TOG, HEEL-FLICK, TOG

- 1, 2 Step R fwd, (fingers doing the beak move for each count) turn 1/4 left on L (9:00)
- 3, 4 Step R fwd, (fingers doing the beak move for each count) turn 1/4 left on L (6:00)
- 5, 6 Flick R heel back, step together
- 7, 8 Flick L heel back, step together. (6:00)

Ending -Optional: Dance the last wall till count 6* = (R toe behind L heel) facing 6:00.
On balls of both feet slow turn 1/2 right to face 12:00 as the music ends.