

Higher

拍数: 32 墙数: 4 级数: Beginner
编舞者: Matt Oakley (UK) & LeeAnne Oakley - January 2011
音乐: Come On Get Higher - Matt Nathanson



[1-8] 2 Walks, Mambo Fwd, Step Back, ½ Turn, 1¼ Triple Turn

- 1 RF start to step forward
- & RF step down
- 2 LF step forward
- 3 RF rock forward
- & LF recover
- 4 RF step back
- 5 LF step back
- 6 RF ½ turn right step forward
- 7 LF step next to RF ¾ turn right
- & RF ¼ turn right step forward
- 8 LF ¼ turn right step side left (9:00)

[9-16] Heel Ball Cross, Rock, Recover, Cross, ¼ Turn Rock, Recover, Walk Back X2, ½ Turn Step Fwd

- 1 RF with toe on floor tap heel diagonally right forward
- & RF step on ball closer to LF
- 2 LF cross over RF
- 3 RF rock side right
- & LF recover
- 4 RF cross over LF
- 5 LF ¼ turn left rock forward (6:00)
- 6 RF recover
- 7 LF step back
- 8 RF step back
- & LF ½ turn left step forward (12:00)

[17-24] Large Step Forward, Drag, Cross-Out-Out X2 Traveling Back, Step Fwd, ¾ Turn Sweep

- 1 RF large step forward
- 2 LF drag to RF
- 3 LF cross over RF
- & RF step side and slightly back
- 4 LF step side and slightly back
- 5 RF cross over LF
- & LF step side and slightly back
- 6 RF step side and slightly back
- 7 LF step forward
- 8 LF ¾ turn left sweep RF back to front (3:00)

[25-32] Step Fwd, ½ Turn, 2 Walks, Rock, Recover, Cross, Walk Around

- 1 RF step forward
- 2 LF ½ turn left step forward (9:00)
- 3 RF step forward
- 4 LF step forward
- & RF rock side right and slightly forward
- 5 LF recover
- 6 RF cross over LF

- 7 LF 1/8 turn right step forward (10:30)
 - & RF 3/8 turn right cross in front of LF (3:00)
 - 8 LF step side left and slightly forward
-