Bachata Risma

拍数: 96

级数: Improver

编舞者: Risma Yulana (INA) - November 2010

音乐: Lamento Boliviano - Toke D Keda

Start : After 32 Count

(A) BASIC STEP SIDE BACHATA, HIP BUMP --- X 2 (R,L)

- Step R to right side Close L together R 1 - 2
- 3 4 Step R to right side bumping hip to right - Touch L slightly opened to side bumping Hip to left
- 5 6 Step L to left side – Close R together L
- 7 8 Step L to left side bumping hip to left – Touch R slightly opened to side bumping Hip to right

(B) 1 – 8 REPEAT SECTION A

(C) BASIC STEP FORWARD AND BACKWARD BACHATAS'S (body angle face at 11:00)

- 1 2 Step R forward -- Step L beside R
- 3 4 Step R forward bumping hip to right forward - Touch L slightly behind R Bumping hip to left back
- 5 6 Step L backward – Step R back together
- 7 8 Step L backward bumping hip to left back – Touch R slightly forward bumping To right forward
- (D) 1 8 REPEAT SECTION C

(E) VINE, TOUCH – HIP BUMPS --- X2 (R, L)

- 1 2 Step R to right side – Cross L behind R
- 3 4Step R to right side bumping hip to right – Touch L slightly opened to side bumping Hip to left
- 5 6Step L to left side - cross R behind L
- 7 8 Step L to left side bumping hip to left - touch R slightly opened to side bumping Hip to right

(F) SIDE - RECOVER WITH HIP BUMPS ---- X2

- 1 2Step R to right side - hip bump to left (weight on R)
- 3 4Recover onto L – hip bump to right (weight on L)
- 5-6 Repeat (1 - 2)
- 7 8 Repeat (3 - 4)

"ENDING" here, on 5th Wall

Do these on count 7-8 of section F :

- 7 Step left side bumping hip to left
- 8 Make long step R to right side with raising up your right hand

(G) ROLLING VINE , HIP BUMPS ----X2

- Make a 1/4 turn right stepping R forward 1
- 2 Turn ¹/₂ right stepping L back
- 3 Turn 1/4 to right stepping R to right side
- 4 Hip bump to left (weight on R)
- 5 Make a ¼ turn left stepping L forward
- 6 Turn ¹/₂ left stepping R back
- 7 Turn 1/4 to left stepping L to left side
- 8 Hip bump to right (weight on L)

(H) 1 – 8 REPEAT SECTION E





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(I) SIDE, RECOVER, ¼ TURN LEFT – WITH HIP BUMPS

- 1 2 Step R to right side hip bump to left (weight on R)
- 3 4 Recover onto L hip bump to right (weight on L)
- 5 Turn ¼ left Step R to right side bumping hip to right
- 6 Hip bump to left (weight on R)
- 7 8 Recover onto L hip bump to right (weight on L)
- (J) 1-8 REPEAT SECTION E

(K) ROCK, RECOVER WITH SHOULDER MOVEMENTS, HIP BUMPS --- X2

- 1 Rock R to right side moving shoulder to right
- 2 Recover onto L moving shoulder to left
- 3 Recover onto R moving shoulder to right
- 4 Hip bump to left (weight on R)
- 5 Rock L to left side moving shoulder to left
- 6 Recover onto R moving shoulder right
- 7 Recover onto L moving shoulder to left
- 8 Hip bump to right (weight on L)

(L) FORWARD , RECOVER – WITH SHOULDER MOVEMENTS , HIP BUMP , STOMP – HOLD AND SHAKE SHOULDER

- 1 2 Step R forward (body angle face at 11.00) moving shoulder to right Recover onto L Moving shoulder to left
- 3 4 Recover onto R moving shoulder to right hip bump to left 9weight on R)
- 5 6 Stomp L beside R hold
- 7 & 8 Shake shoulder

REPEAT

NOTE : "ENDING" On 5 th Wall

Do these on count 7-8 of section ${\sf F}$:

- 7 Step L to left side bumping hip to left
- 8 Make long step R to right side with raising up your right ha

Last Update - 3 Aug 2024