

Maria

拍数: 80 墙数: 4 级数: Intermediate
编舞者: Nat Davids (SA) - December 2010
音乐: Maria - US5



Intro: 32

Step Right Forward, Step Left Forward, Shuffle Forward, Step Left Forward, Step Right Forward, Shuffle Forward

1-2 Step right forward, step left forward
3&4 Locking chassé forward right, left, right
5-6 Step left forward, step right forward
7&8 Step left forward, slide right beside left, step left forward

Side Rock Recover, Cross Shuffle, Side Rock ¼ Turn, Forward Shuffle

1-2 Rock right to side, rock on to left in place
3&4 Crossing chassé left, right, left
5-6 Rock left to side, rock on to right turn ¼ right
7&8 Chassé forward left, right, left

Step Touch, Syncopated Back Rock, Touch Twice

1-2 Step right diagonally forward, touch left together
&3-4 Rock diagonally left back, step diagonally right forward, touch left together
5-6 Step left diagonally forward, touch right together
&7-8 Rock diagonally right back, step diagonally left forward, touch right together

Turn ¼ Right And Step Together, Chasse Right, Step Forward ¼ Turn Cross Shuffle

1-2 Turn ¼ right, stepping right forward, step left together
3&4 Chassé side right, left, right
5-6 Step left forward, turn ¼ right, stepping right to side
7&8 Crossing chassé left, right, left

Right Mambo, Left Mambo, Paddle Twice (¼ Turn)

1&2 Rock right to side, rock left in place, step right together
3&4 Rock left to side, rock right in place, step left together
5-6 Step right forward, taking weight, turn 1/8 left swiveling on right, step left in place
7-8 Step right forward, taking weight, turn 1/8 left swiveling on right, step left in place

Right Mambo, Left Mambo, Paddle Twice (¼ Turn)

1&2 Rock right to side, rock left in place, step right together
3&4 Rock left to side, rock right in place, step left together
5-6 Step right forward, taking weight, turn 1/8 left swiveling on right, step left in place
7-8 Step right forward, taking weight, turn 1/8 left swiveling on right, step left in place

Syncopated Triple Steps Right, Syncopated Triple Steps Left

1-2 Step diagonally right forward, step left together
3&4 Step diagonally right forward, step left together, step forward on to right
5-6 Step diagonally left forward, touch right together
7&8 Step diagonally left forward, step right together, step left forward

Point Right Back, ½ Turn, Shuffle Forward, Rock Forward Recover, Shuffle Right Back

1-2 Touch right back, turn ½ left, stepping on to right
3&4 Chassé forward left, right, left

5-6 Rock right forward, rock left back,
7&8 Chassé back right, left, right

Point Left Back, ½ Turn, Shuffle Forward, Rock Forward, Recover, Coaster Step

1-2 Point left back, turn ½ left and step on to left
3&4 Chassé forward right, left, right
5-6 Rock left forward, recover to right
7&8 Left coaster step

Paddle Turns X4 (½ Turn)

1-2 Step right forward, taking weight, turn 1/8 left, swiveling on right, step left in place
3-4 Step right forward, taking weight, turn 1/8 left, swiveling on right, step left in place
5-6 Step right forward, taking weight, turn 1/8 left, swiveling on right, step left in place
7-8 Step right forward, taking weight, turn 1/8 left, swiveling on right, step left in place

Repeat
