Water Logged!

级数: Beginner

编舞者: Jan Wyllie (AUS) - January 2011

音乐: Something In the Water - Brooke Fraser

Start: 22 co	unt intro
[1-8] Step B 1-4 5-8	Bump Heel x3, Step Bump Heel x3 (with hand movements) Step R toe fwd, Bump R heel 3 times (Sweep R arm from front to side as you bump) Step L toe fwd, Bump L heel 3 times (Sweep L arm from front to side as you bump)
[9-16] Rock	/Replace (with breaststroke movement), Coaster Back, Rock/Replace, Shuffle Back
1,2	Rock/step fwd on R, Rock/replace wt on L (do a breaststroke arm movement as you rock)
3&4	Step back on R, Step L beside R, Step fwd on R
5,6	Rock/step fwd on L, Rock back on R
7&8	Shuffle back L,R,L
[17-24] 1/2	Turn Shuffle, 1/4 Rock/Replace, L Sailor Step, R Sailor Step
1&2	Making 1/2 turn right shuffle fwd — now facing back wall
3,4	Making 1/4 right rock/step L to left, Rock replace wt sideways onto R
5&6	Step L behind R, Step R to right, Step L to left (sailor)
7,8	Step R behind L, Step L to left, Step R to right (sailor)
[25-32] Roc	k/Replace, Shuffle Fwd, Step Pivot 1/2, Stomp Fwd RL
1,2	Rock/step back on L, Rock/replace wt fwd on R
3&4	Shuffle fwd L,R,L
5,6	Step fwd on R, Pivot 1/2 left transferring wt to L
7,8	Stomp fwd R,L (optional claps)
	e are 10 complete walls in this dance. acing the back during the first 8 counts of the dance.
	tarting the dance at the back, please do this… ırn, Bump Heels with Arm Movement x2 Breast Stroke
1_4	Walk around to the left stepping R L R L in an arc to face the front

- 1-4 Walk around to the left stepping R,L,R,L in an arc to face the front
- 5-8 Step fwd on R and bump R heel 3 times..... With arm movements
- Step fwd on L and bump R heel 3 times... With arm movements, Step fwd on R and do a 9-12 breast stroke... there will be no music for this movement.

Choreographed by request for Val Jenness from New Zealand

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拍数: 32

墙数:4