

Boss Lao Da

COPPER KNOB
STEPPERS

拍数: 64 墙数: 4 级数: Phrased Low Intermediate
编舞者: GS Ang (MY) - January 2011
音乐: Lao Da (老大) - Jessie (羅燕絲)



Sequence Of Dance: AA/BB/A(16)A/tag/AA/BB/BB/A/Ending
Start after 36 counts of hard beats.

SECTION A

BACK & FORWARD CHA CHA BASICS

1-2 Rock right forward, recover onto left
3&4 Back cha cha on RLR
5-6 Rock left back, recover onto right
7&8 Forward cha cha on LRL

PADDLE 1/4 TURN LEFT X 2, CROSS-POINT X 2

1-2 Step right forward, 1/4 turn left shifting weight onto left
3-4 Step right forward, 1/4 turn left shifting weight onto left
5-6 Cross right over left, point left to left side
7-8 Cross left over right, point right to right side

FORWARD ROCK, TRIPLE 1/2 TURN RIGHT, FORWARD ROCK, TRIPLE 1/4 TURN LEFT

1-2 Rock right forward, recover onto left
3&4 Triple 1/2 turn right on RLR
5-6 Rock left forward, recover onto right
7&8 Turning 1/4 left, cha cha to left side on LRL

RIGHT & LEFT NEW YORKER

1-2 Cross right over left, recover onto left
3&4 Cha cha to right side on RLR
5-6 Cross left over right, recover onto right
7&8 Cha cha to left side on LRL

SECTION B

HIP BUMPS, BEHIND, SIDE, CROSS, HOLD

1-4 Touching right forward to right diagonal, bump hips to the left 4 times
(For male bosses, fold both arms in front of chest and for lady bosses, put both palms akimbo on hips)
5-6 Cross right behind left, step left to left side
7-8 Cross right over left, hold

HIP BUMPS, BEHIND, SIDE, CROSS, HOLD

1-4 Touching left forward to left diagonal, bump hips to the right 4 times
(For male bosses, fold both arms in front of chest and for lady bosses, put both palms akimbo on hips)
5-6 Cross left behind right, step right to right side
7-8 Cross left over right, hold

RIGHT DIAGONAL SHOOP WITH SCUFF, LEFT & RIGHT TOE STRUTS

1-2 Step right forward along right diagonal, step left together
3-4 Step right forward again, scuff left forward
5-6 Touch left toes forward, step left heel down
7-8 Touch right toes forward, step right heel down

LEFT DIAGONAL SHOOP WITH SCUFF, RIGHT TOE STRUT, LEFT TOE STRUT 1/4 TURN LEFT

1-2 Step left forward along left diagonal, step right together
3-4 Step left forward again, scuff right forward
5-6 Touch right toes forward, step right heel down
7-8 Turning 1/4 left touch left toes forward, step left heel down

TAG : 1-4 Rocking chair on RLRL

ENDING: after the last A, there are 4 counts of music left.

Dance the following 4 counts to face the home wall again.

1-4 Step right forward, pivot 1/2 turn left, step right forward, pose.

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