

# Losing my Mind

**COPPER KNOB**  
BY STEPHEN

拍数: 32      墙数: 4      级数: Improver  
编舞者: Audrey Watson (SCO) - January 2011  
音乐: Lose My Mind - The Wanted



**Start dance 16 Counts after the heavy beat kicks in - NO TAGS or RESTARTS**

## **½ TURN MONTEREY, TOUCH KICK, BACK ROCK, SHUFFLE**

1-2            Point right toe to right side, turn ½ right stepping.  
3-4            Touch left toe next right foot, kick left foot fwd.  
5-6            Rock back on left foot, recover fwd on right.  
7&8            Shuffle fwd on left, right, left.

## **¼ PIVOT, WEAVE ¼ TURN.**

1-2            Step fwd on right foot, pivot ¼ left.  
3-4            Cross right over left, step left to left side.  
5-6            Cross right behind left, step left to left side  
7-8            Cross right over left, turn ¼ right stepping back on left.

## **BACK ROCK , KICK BALL STEP, STEP TOUCH, LEFT LOCK STEP.**

1-2            Rock back on right, recover fwd on left.  
3&4            Kick right foot fwd, step down on ball of right foot, step fwd on left foot.  
5-6            Step fwd on right, touch left toe next right foot.  
7&8            Step fwd on left, lock right behind left, step fwd on left.

## **FWD ROCK, SHUFFLE BACK, ½ TURN SHUFFLE, ROCK ¼ TURN.**

1-2            Rock fwd on right, recover back on left.  
3&4            Shuffle back on right, left, right.  
5&6            Shuffle ½ turn left, stepping left, right, left.  
7-8            Turn ¼ left rocking right foot out to right side, recover on left foot.

## **START AGAIN**

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