

# Lose My Mind

**COPPER KNOB**  
STEPPERS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Audrey Watson (SCO) - January 2011  
音乐: Lose My Mind - The Wanted



Start dance 16 counts after the heavy beat kicks in - NO TAGS OR RESTARTS –BLISS.

## STEP HITCH, COASTER STEP, CROSS SIDE, BEHIND & CROSS.

- 1-2      Step fwd on right, hitch left knee.
- 3&4      Step back on left, step right next left, step fwd on left.
- 5-6      Cross right over left, step left to left.
- 7&8      Cross right behind left, step left to left side, cross right over left.

## SIDE ROCK, SAILOR STEP, CROSS ROCK, CHASSE ¼ TURN.

- 1-2      Rock left to left side, recover weight on right.
- 3&4      Cross left behind right, step right to right side, step left to left side.
- 5-6      Cross rock right over left, recover weight back on left.
- 7&8      Step right to right side, close left next right, turn ¼ right stepping fwd on right.

## PIVOT ¼ TURN, WEAVE, POINT.

- 1-2      Step fwd on left, turn ¼ right.
- 3-4      Cross left over right, step right to right side,
- 5-6      Cross left behind right, step right to right side.
- 7-8      Cross left over right, point right toe to right side.

## ½ TURN, KICK BALL STEP, STEP, FWD ROCK, ½ TURN SHUFFLE.

- 1      Turn ½ right stepping right next.
- 2&3      Kick left foot fwd, step down on ball of left, step fwd on right.
- 4      Step fwd on left.
- 5-6      Rock fwd on right, recover weight back on left.
- 7&8      Shuffle ½ turn right stepping right, left, right.

## STEP KICK, COASTER CROSS & CROSS SIDE, BEHIND & CROSS.

- 1-2      Step fwd on left, kick right foot fwd.
- 3&4      Step back on right, step left next right, cross right over left.
- 5&6      Step left to left side, cross right over left, step left to left side.
- 7&8      Step right behind left, step left to left side, cross right over left.

## SIDE ROCK, ¼ SAILOR STEP, ½ TURN, SHUFFLE.

- 1-2      Rock left to left side, recover weight on right.
- 3&4      turn ¼ left, swinging left behind right, step right to right side, step left to left side.
- 5-6      Step fwd on right, pivot ½ turn left.
- 7&8      Shuffle fwd on right, left, right.

## STEP TOUCH, ¼ CHASSE, STEP SCUFF, RIGHT LOCK STEP.

- 1-2      Step left to left side, touch right toe next left foot.
- 3&4      Step to right side, close left next right, turn ¼ right stepping fwd on right.
- 5-6      Step fwd on left, scuff right foot fwd.
- 7&8      Step fwd on right, lock left behind right, step fwd on right.

## WEAVE ¼ TURN, STEP ½ TURN, SHUFFLE.

- 1-2      Cross left over right, step right to right side.

3-4	Cross left behind right, turn $\frac{1}{4}$ right stepping fwd on right.
5-6	Step fwd on left, pivot $\frac{1}{2}$ right.
7&8	Step fwd on left, close right next left, step fwd on left.

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