

Sneaky Freak

拍数: 40 墙数: 4 级数: Intermediate
编舞者: Ryan King (UK) - January 2011
音乐: Sneaky Freak - Imelda May : (Album: Mayhem)



Intro: 16 Counts

Side Right, Together, Chasse, Rock, Recover, Behind Side Cross

- 1 2 Step right to right side, step left next to right.
- 3 & 4 Step right to right side, step left next to right, step right to right side.
- 5 & 6 Rock left behind right, recover weight forward onto right, step left to left side.
- 7 & 8 Step right behind left, step left to left side, step right in front of left.

Rock ¼ Right, Rock Full Turn Left, Behind Side Cross, Side Together Forward

- 1 & 2 Rock left to left side, recover weight onto right making ¼ right, step forward left.
- 3 & 4 Step forward on right, make ½ turn left stepping back on left, make ½ left stepping back on right.
- 5 & 6 Step left behind right, step right to right side, step left in front of right.
- 7 & 8 Step right to right side, step left next to right, step forward right.

Toe Struts Forward, Mambo, Toe Struts Back, Coaster Step

- 1 & 2 & Step forward on left toe, bring heel down, step forward on right toe, bring heel down.
- 3 & 4 Rock weight forward onto left, recover weight onto right, step back left.
- 5 & 6 & Step back on right toe, bring heel down, step back on left toe, bring heel down.

Restart here on third wall.

- 7 & 8 Step back right, step left next to right, step forward right.

Left Lock, Right Lock, Rock ¾ Right, Behind Side Cross

- 1 & 2 Step left forward, lock right behind left, step left forward.
- 3 & 4 Step right forward, lock left behind right, step right forward.
- 5 & 6 Step forward left, make ½ turn right stepping back right, step side left making ¼ turn right.
- 7 & 8 Step right behind left, step left to left side, step right in front of left.

Side Together Forward, Point, Coaster, Paddle ¼ Left

- 1 & 2 Step left to left side, step right next to left, step forward left.
- 3 4 Point right toe forward, step right next to left.
- 5 & 6 Step back left, step right next to left, step forward left.
- 7 8 Touch right toe forward, ¼ left (weight should end on left foot).

Restart:: Third wall.

Dance 22 counts which brings you to the back toe struts.

Restart after the back right toe strut.
