

# 8 Letters

拍数: 120      墙数: 3      级数: Phrased Advanced  
编舞者: Tony Myers (UK) - January 2011  
音乐: Eight Letters - Take That : (CD: Progress)



**Part A: 64 counts - Part B: 24 Counts - Part C: 32 Counts.**

**Sequence A, 32 of A, B, A, 32 of A, B, B, C, 32 of A, B, B, Last 16 of B**

## PART A

**Rock L to side, recover, kick : lock step lock back: unwind  $\frac{3}{4}$  right: L side, pop knees, kick R**

1&2      Rock left to side (1), Recover to Right (&), Kick left forward across Right.  
3&4      Cross left over right (1), Step back right (&), Cross left over Right.  
5, 6      Unwind  $\frac{3}{4}$  turn to right (weight on left), Rock/step right to side bending knee  
7&8      Step left to left side (1), Pop Knee's to centre lifting heels and swivelling heels out (&)  
            Straighten legs whilst kicking Left to Left (8). (9:00)

**Tap , Tap, Lock : step lock  $\frac{1}{4}$  side step, side : back right, back left : Sailor  $\frac{1}{4}$  right**

1 &2      Tap left foot behind right (1) Tap left foot behind right (&) Lock left foot behind Right (2)  
3&4&      Step diagonal forward on right (3) Lock left behind right (&) Step right  $\frac{1}{4}$  right to side (4) Step  
            left to side (&) (12:00)  
5, 6      Step back on right (5) Step back on left (6)  
7&8      Turn  $\frac{1}{4}$  right Stepping Right behind left(7), step left to side(&), step right to side(8), (3:00)

**$\frac{1}{2}$  Mambo turn left : side together cross : back  $\frac{1}{4}$  right step : Touch, Step back ,kick**

1&2      Rock forward on left (1) Recover on right (&) Turn  $\frac{1}{2}$  turn left stepping forward on left (2)  
3&4      Step right to side(3) Slide Left next to right (&) Cross right over left  
5,6      Step back on left turning  $\frac{1}{4}$  right (5) Big step forward on right to Diagonal (6) (12:00)  
7&8      Touch left next to right (7), step back on left (&) , kick right leg to corner (8) (1:30)

**Back  $\frac{1}{2}$  turn, touch : Touch, Touch, Step : Behind Turn : Left Side Mambo**

1&2      Step right back (1) turn 1/2 left stepping left forward (&) touch right next to left (2) (6:00)  
3&4      Touch right toe to right side (3) Touch right next to left (&) Step right to side (4)  
5,6      Step left behind Right (5) turn  $\frac{1}{4}$  right stepping right to side (6) (9:00)  
7&8      Rock left to side (7) Recover on right (&) Step left next to right (8) (9:00) \*

**Side , Together , Point : Behind , Side, Behind : Sway Left Right : Cross Shuffle**

1&2      Step right to side (1) slide left next to right (&) Point right to side (2)  
3&4      Step right behind left (3) step left to side (&) step right behind left (4)  
5 , 6      Step left to side with sway (5) sway weight back to right (6)  
7&8      Cross left over right (7) step right to side (&) Cross left over right (8) (9.00)

**1/2 Turn Left : Rock, Recover Touch : Side Behind : Chasse  $\frac{1}{4}$  Right**

1,2      Step back on right turning  $\frac{1}{4}$  left(1) Turn  $\frac{1}{4}$  left step left to side (2) (3.00)  
3&4      Rock right to side (3) recover on left (&) touch right over left (4)  
5,6      Step right to side (5) step left behind right (6)  
7&8      Step right to side  $\frac{1}{4}$  turn right (7)step Left next to right (&) step forward right (8) (6.00)

**Toe Switches x 3, Step Forward:  $\frac{1}{4}$  Step, Step:  $\frac{1}{2}$  Turn, Together Step**

1&2      Touch left toe forward (1) step left back (further than right) (&) Touch right toe forward (2)  
&3&4      Step back right (further than left) (&) touch right toe forward (3) step left back (further than  
            right ) (&) Step right forward (4)  
5,6      Turn  $\frac{1}{4}$  left stepping on left (5) step forward right(6) (3:00)  
7&8      Pivot  $\frac{1}{2}$  turn left (weight on left) (7) Step right next to left (&) Step forward left (8) (9.00)

**Kick , Out , Out : Cross Rock, Recover , Turn , : Press Recover : Back, Turn, Touch**

- 1&2 Kick right forward (1 ) Step out right (&) Step out left (2)  
 3&4 Cross rock right over left (3) recover on Left (&) turn ¼ right stepping forward on right (4) (12:00)  
 5, 6 Press forward on left (5) recover on right (6)  
 7&8 Step back on left (7) Turn ½ turn right stepping forward right (&) touch left next to right (8) (6.00)

**PART B****Point, Turn: Rock Recover: Rock Recover: ¼ Turn, Step**

- 1, 2 Point right to side. (1) Turn ½ turn right, step right next to left (2)  
 3, 4 Rock forward on left (1) . Recover on right (2)  
 & 5,6 Step left next to right (&) Rock forward on right (5) Recover to left (6)  
 7, 8 Turn ¼ right Step right forward (7) step left to left (8)

**Swivel Turn, Touch: Walk, Walk: Rock, Recover: Kick ball step**

- 1, 2 Swivel toes of right foot ¼ turn right (1) Turn body ¼ right touch left toes next to right (2)  
 3, 4 Walk back left (1) walk back right (2)  
 5,6 Rock back on left (1) recover on right (2)  
 7&8 Kick left forward (1) step back on left (&) step onto right (8)

**Cross, Side: Behind, side, cross: Turn, Step: Sailor ½ Turn**

- 1, 2 Cross left over right (1) step right to side (2)  
 3&4 Step left behind right (3) step right to side (&) cross left over right (4)  
 5,6 Turn ¼ right stepping right forward (5) step left to side (6)  
 7&8 Turn ¼ right stepping back on right (7) turn ¼ right stepping left to side(&) Step right to side

**PART C****Triple full turn: Rock, recover: ½ shuffle: Walk, Walk**

- 1&2 Turn ¼ left stepping forward left (1) turn ½ left stepping back on right (&) turn ¼ left stepping left to side (2)( or side chasse left) (9:00)  
 3,4 Rock back on right (3) recover on left (4)  
 5&6 Turn ¼ left on right (5) step left next to right (&) Turn ¼ left stepping back on right (6) (3:00)  
 7,8 Walk forward Left (7) Walk forward Right (8)

**Step, lock, step: Step, full turn: Left shuffle: Forward, Touch**

- 1&2 Step forward left (1), lock right behind left (&) step forward on left(2)  
 3,4 Step forward on Right (3) , turn full turn left on ball of right hooking left in front of right. (4)  
 5&6 Step forward left (5) step right next to left (&) step forward on left (6)  
 7,8 Step forward on right (7) Touch left toes at back of right heel. (8)

**Behind, side, cross: Turn, Turn: ¼ Chasse: Cross, Back**

- 1&2 Step left behind right(1) Step right to side (&) Cross left over right (2)  
 3,4 Turn ¼ right stepping forward right (3) Turn ½ right stepping back on left (4) (12:00)  
 5&6 Turn ¼ right stepping right to side (5) step left next to right (&) step right to side (6) (3:00)  
 7,8 Cross left over right (7) Step back on right (8)

**¼ Coaster: Step ½ Turn: Cross shuffle: Sway,Sway**

- 1&2 Step back on left (1) Turn ¼ right stepping on right (&) Step forward left (2) (6:00)  
 3,4 Step right to side (3) Turn ½ left stepping left to side (4) (12:00)  
 5&6 Cross right over left (5) Step left to side (&) Cross right over left (6)  
 7,8 Step left to side swaying left (7) Sway weight back on right (8) (12:00)

**Note:-**

When B follows a B add an & count after ½ turn sailor, placing weight on left.

Add an & count to switch weight to left, before starting the final 16 counts of part B.

At the end of the last 16 counts alter the  $\frac{1}{2}$  turn sailor to a  $\frac{3}{4}$  turn sailor to end at front.

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