

Never Alone

拍数: 32 墙数: 2 级数: Intermediate NC
编舞者: Gary Stubbs (UK) - January 2011
音乐: You'll Never Be Alone - Anastacia : (Album: Freak of Nature)



Start On Vocals , 19 Counts , 15 Seconds.

R Basic Quarter , Cross Quarter Turn , Cross Quarter Half , Quarter Sway R L.

- 1-2&3 Step right to right side, rock back on left, recover weight on right, step left to left side making a ¼ Left.
- 4&5 Cross Right Over Left , Step Left Back Making a ¼ Turn Right, Step Right To Right Side.
- 6&6 Cross Left Over Right , Step Right Back Making a ¼ Turn Left, Step Left Foot Forward Making a ½ Turn Left.
- 7-8 Step Right To Right Side Making a ¼ Turn Left Swaying Hips To Right . Sway Hips To Left.

Quarter Sweep , Cross Back Back , Cross Back,Rock Recover ,Step Pivot Half Turn, Step Half Turn.

- 1-2&3 Step Right Making a ¼ Right Sweeping Left Round , Cross Left Over Right , Step Right Back , Step Left Back.
- 4& Cross Right Over Left , Step Back On The Left.
- 5-6 Rock Back On To Right , Recover Weight onto Left
- 7&&8 Step right forward, turn ½ left (weight to left), Step right forward turn ½ right stepping back on the left.

Quarter , Cross Rock Recover Quarter , Mambo Sweep , Sailor Quarter L,Side Rock Cross Rock.

- 1-2&3 Step right to right side making a ¼ Right * , Cross Rock Left Over Right ,Recover onto Right, Make a ¼ Left Stepping forward Left.
- 4&5 Rock forward on Right, Recover on Left, Step back on Right.
- 6&7 Cross left behind right, make 1/4 turn left stepping right in place, Cross Left Over Right.**
- 8&1 Rock Right to R side, recover to left, cross rock right over left.

Recover Side Cross ,Side Rock Cross , Rolling Vine , Salior Half R.

- 2&3 Recover Weight onto left , step right to right side , cross left over right.
- 4&5 Rock Right Out To Right Side , Recover weight onto Left , Cross Right Over Left.
- 6&7 Step Left Back making a quarter turn Right, Make a Half Turn Over R Shoulder Stepping Forward on the Right. Make a Quarter Turn Stepping Left to Left Side .
- 8& Turn ¼ right, cross stepping right behind left. Turn ¼ right stepping left beside right.***

***Restart Wall 2 after 16 Counts.**

****After Counts 23 On Wall 5 Replace Counts 24& With These Steps And Restart From The Beginning.**

- 24& Step Right To Right Side , Cross Left Over Right.

*****TAG: 16 Count Tag (End Of Wall 6)**

Basic Nightclub R, L , Hip Sways.

- 1-2& Step right to right side, rock back on left (slightly behind right), recover weight forward onto right.
- 3-4& Step left to left side, rock back on right (slightly behind left), recover weight forward onto left.
- 5-6 Step Right And Sway Right , Sway Left.
- 7-8 Sway Right , Sway Left.
- 9-16 Repeat Counts Above and Restart The Dance From Beginning.

Any Trouble Getting The Music Email me at cow.jumped.over.the.moon@hotmail.co.uk and I would be happy to send it.

