

Gara Gara Go

COPPER **KNOB**
BY STEPHEN

拍数: 96 墙数: 4 级数: Phrased Intermediate / Advanced
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音乐: Gara Gara Go!! - BIGBANG



START ON 32 COUNTS (APPROX 16 SECS)

DANCE SEQUENCE : 6A , 2B , C , TAG (4 COUNTS) , A (16 COUNTS) , 2A

DANCE PART A (32 COUNTS)

[1- 8] WALK , WALK , KICK OUT OUT , SWIVEL HIPS UP AND DOWN RIGHT SIDE X4

1,2 Walk forward right (1), Walk forward left (2)
3&4 Kick right forward (3), Right to right side (&), Left to left side (4)
5&6&7&8 Swivel hips up and down to right side x4

[9-16] LEFT BODY ROLL, JUMP X2, RIGHT BODY ROLL, JUMP FORWARD OUT OUT, 1/4 LEFT FLICK

1,2 Step left to left side (1), Right next to left (2)
3,4 Jump x2 (3,4)
5,6 Step right to right side (5), Left next to right (6)
&7,8 Jump forward right to right side (&), Left to left side (7), 1/4 left flick right (8)

RESTART - changes &7,8 -> 7,8 - Jump x2

[17-24] LOCK STEP, FORWARD SHUFFLE, ANTI CLOCK WISE HIP ROLL X2

1,2 Right forward (1), Lock left behind right (2)
3&4 Right forward (3), Lock Left behind Right (&), Right forward (4)
5,6,7,8 Step left to left side (5), Hip roll anti clock wise x2 (6,7), Step right slightly behind left (8)

[25- 32] MASH POTATO X4 , KICK BALL CROSS, STEP HOLD

&1 Swivel both heel out (&) , Swivel both heel in (1)
&2 Swivel both heel out (&) , Swivel both heel in with left slightly behind (2)
&3 Swivel both heel out (&) , Swivel both heel in with right slightly behind (3)
&4 Swivel both heel out (&) , Swivel both heel in with left slightly behind on ball (4)
5&6 Kick left diagonal (5) , Step left beside right (&) , Cross right over left (6)
7,8 Step left to left side (7) , Hold (8)

DANCE PART B (32 COUNTS) - 1st set face 6 o'clock, 2nd set face 12 o'clock

[1- 8] CROSS FULL TURN LEFT (face diagonal - 1 o'clock) , CHEST PUMP X2, TOUCH HOLD, TOGETHER 1/4 LEFT FORWARD HOLD

1,2 Cross right over left (1) , Unwind full turn left (2)
3,4 Chest pump x2 (3,4)
5,6 Touch left to left (5) , Hold (6)
&7,8 Right next to left (&) , Left forward (7) , Hold (8)

[9-16] STEP TOUCH X2, OUT , OUT , IN, IN

1,2,3,4 Right to right side (1) ,Touch left behind right (2) ,Left to left side (3) ,Touch right to left (4)
5,6,7,8 Right forward diagonal right(5),Left forward diagonal left(6),Right back(7) ,Left together(8)

[17-24] DIAGONAL LEFT CHEST PUMP X4, DIAGONAL RIGHT CHEST PUMP X4

1,2,3,4 Right out diagonal face 11 o'clock with 4 chest pumps (1,2,3,4) ,Touch left beside right (4)
5,6,7,8 Left out diagonal face 1 o'clock with 4 chest pumps (5,6,7,8) , Step right beside left (8)

[25-32] TOUCH 1/4 LEFT, SCUFF X2, IN, IN , OUT, OUT

1,2 Touch left behind (1) , 1/4 turn left (2)
3,4,5,6 Scuff right to right side (3,4) , scuff left to left side (5,6)

&7&8 Right centre (&), Left together (7), Right to right side (&), Left to left side (8)
***2nd set - changes on the final &7&8 -> CROSS UNWIND FULL TURN LEFT (7,8) - end facing 12 o'clock**

DANCE PART C (32 COUNTS) - face 12 o'clock

[1- 8] KICK OUT , OUT, CHEST PUMP IN , OUT, CHEST PUMP IN, IN, OUT, WALK X2

1&2 Kick right forward (1), Right to right side (&), Left to left side (2)
3,4 Chest pump in out (3,4)
5&6 Chest pump in (5) in (&) out (6) with right large step to right side (6)
7,8 Left forward (7), Right forward (8)

[9-16] LOCK STEP, FORWARD SHUFFLE, FULL TURN RIGHT TOGETHER, KICK BACK, BACK

1,2 Left forward (1), Lock right behind left (2)
3&4 Left forward (3), Lock right behind left (&), Left forward (4)
5,6 Step right 1/2 turn right (5), Step left together half turn right (face 1 o'clock) (6)
7&8 Kick right forward (7), Step right back (&), Step left back (face 1 o'clock)

[17-25] KNEE POP X2, 1/4 COASTER RIGHT, HITCH , TOUCH, BODY ROLL 1/2 LEFT, JUMP

1,2 Knee pop x2 (face 1 o'clock) (1,2)
3&4 Right behind 1/4 right turn (3), Left together (&), Right forward (4)
5,6 Hitch left (5), Touch Left behind (6)
7,8&1 Back body roll (7,8), Right together left 1/2 left turn (&), Jump left forward & flick right (1)

[26- 32] RECOVER, 1/2 SAILOR LEFT, KNEE ROLL X2

2 Right recover (2)
3&4 Left behind 1/4 left (3), Right together (&), Left to left side (4)
5,6,7,8 Right knee roll (5,6), Left knee roll (7,8)

TAG - 4 COUNTS (face 6 o'clock)

COASTER, UNWIND 1/2 TURN RIGHT

1&2 Step right behind (1), Step left together (&), Step right forward (2)
3,4 Cross left over right (3), Turn 1/2 right (dance end facing 12 o'clock)
