

Sh-Boom

拍数: 32 墙数: 4 级数: Improver
编舞者: Karl-Harry Winson (UK) - January 2010
音乐: Sh-Boom - The Overtones : (Album: Good Ol' Fashioned Love)



Intro: 16 Counts (Start on main Vocals)

Syncopated Grapevine Right. Sailor 1/4 turn. Forward Shuffle.

1 – 2 Step Right to Right side. Step Left behind Right.
&3-4 Step Right to Right side. Cross Left in front of Right. Step Right to Right side.
5&6 Cross Left behind Right. Step Right beside Left making 1/4 turn Left. Step Left forward.
7&8 Step Right forward. Close Left beside Right. Step Right forward.

Forward Rock. Shuffle 1/2 turn X2. Touch 1/4 turn.

1 – 2 Rock Forward on Left. Recover weight back on Right.
3&4 Shuffle 1/2 turn Left stepping: Left, Right, Left.
5&6 Shuffle 1/2 turn Left stepping: Right Left, Right.
7 – 8 Touch Left toe back. Make 1/4 turn Left transferring weight into Left.

Cross Rock. Right Chasse. Back Rock. Chasse 1/4 turn.

1 – 2 Cross Rock Right over Left. Recover weight back on Left.
3&4 Step Right to Right side. Close Left beside Right. Step Right to Right side.
5 – 6 Rock back on Left. Recover weight forward on Right.
7&8 Step Left to Left side. Close Right beside Left. Make 1/4 Left stepping Left forward.

1/4 Pivot turns Left X4.

1 – 2 Step Right Forward. Pivot 1/4 turn Left.
3 – 4 Step Right Forward. Pivot 1/4 turn Left.
5 – 6 Step Right Forward. Pivot 1/4 turn Left.
7 – 8 Step Right Forward. Pivot 1/4 turn Left.
