

Release Me

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Beginner Rumba
编舞者: Karen Tripp (CAN) - January 2011
音乐: Please Release Me - Roger Miller : (Album: King of the Road)



32-count intro, start on lyrics

½ BOX FORWARD, HOLD, FORWARD LOCK FORWARD, HOLD

1-4 Step side on right, close left next to right, step forward on right, hold
5-8 Step forward on left, lock right behind left, step forward on left, hold

ROCKING CHAIR, PADDLE TURN ¼ LEFT & CROSS, HOLD

9-12 Step forward on right, recover back on left, rock back on right, recover forward on left
13-16 Step forward turning ¼ left, close left next to right, cross right over left, hold

VINE LEFT 3 & HOLD, CROSS ROCK, RECOVER, SIDE, HOLD

17-20 Step side in left, cross right behind left, step side on left, hold
21-24 Cross right over left, recover on left, step side on right, hold

FRONT WEAVE 3 & HOLD, REVERSE ROCKING CHAIR

25-28 Cross left over right, step side on right, cross left behind right, hold
29-32 Step back on right, recover forward on left, rock forward on right, recover back on left

Choreographer: Karen Tripp, Cranbrook, BC, Canada
Email: karen@trippcentral.ca
