

# Release Me

**COPPER KNOB**  
STEPSHETS

拍数: 32      墙数: 4      级数: Beginner Rumba  
编舞者: Karen Tripp (CAN) - January 2011  
音乐: Please Release Me - Roger Miller : (Album: King of the Road)



**32-count intro, start on lyrics**

**½ BOX FORWARD, HOLD, FORWARD LOCK FORWARD, HOLD**

1-4            Step side on right, close left next to right, step forward on right, hold  
5-8            Step forward on left, lock right behind left, step forward on left, hold

**ROCKING CHAIR, PADDLE TURN ¼ LEFT & CROSS, HOLD**

9-12           Step forward on right, recover back on left, rock back on right, recover forward on left  
13-16          Step forward turning ¼ left, close left next to right, cross right over left, hold

**VINE LEFT 3 & HOLD, CROSS ROCK, RECOVER, SIDE, HOLD**

17-20          Step side in left, cross right behind left, step side on left, hold  
21-24          Cross right over left, recover on left, step side on right, hold

**FRONT WEAVE 3 & HOLD, REVERSE ROCKING CHAIR**

25-28          Cross left over right, step side on right, cross left behind right, hold  
29-32          Step back on right, recover forward on left, rock forward on right, recover back on left

Choreographer: Karen Tripp, Cranbrook, BC, Canada

Email: [karen@trippcentral.ca](mailto:karen@trippcentral.ca)

---