

Stayin' Power

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
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音乐: Stayin' Power - Joni Harms



Intro: 8 Counts

Charleston, Chasse Right, Back Rock, Recover

1-2 Sweep Right Foot Fwd. Step Back on Right
3-4 Sweep Left foot Back, Step Fwd. Left
5&6 Step Right to Right side, Step Left beside Right, step Right to Right side
7-8 Rock Back Left, recover

Charleston, Chasse Right, Back Rock, Recover

1-2 Sweep Left Foot Fwd. Step Back on Left
3-4 Sweep Right foot Back, Step Fwd. Right
5&6 Step Left to Left side, Step Right beside Left, step Left to Left side
7-8 Rock Back Right, recover

Shuffle Fwd. Right, ½ Step Turn, Shuffle Fwd. Left, ½ Step Turn

1&2 Step Fwd. Right, Step Left beside Right, Step Fwd. right
3-4 Step Fwd. Left, Make ½ Turn Right (Weight on Right)
5&6 Step Fwd. Left, step Right beside Left, Step Fwd. Left
7-8 Step Fwd. right, Make ½ turn Left (Weight on Left)

¼ Step Turn Left, Cross shuffle, Side step, Touch, side Step, Together

1-2 Step Fwd. Right, make ¼ turn Left
3&4 Cross Right in front of Left, Step Left to Left side, Cross Right in front of Left
5-6 Step Left to Left side, Touch Right beside Left
7-8 Step Right to Right side, step Left beside Right (Weight on Left)

Tag: There are two very easy 4-Counts tags: After wall 3, Facing 3 O` Clock - After wall 5, Facing 9 O` Clock

1-2 Side step Right, touch Left beside Right
3-4 Side Step Left, Touch Right beside Left

Have Fun!

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