

# Cowboy Up !

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Marie Sørensen (TUR) - January 2011  
音乐: Cowboy Up - Joni Harms



## Intro: 16 Counts

### Toe strut Right, Toe strut Cross Over, Side, rock, Cross, Hold

1-2      Tap Right Toe to Right side, Drop right Heel  
3-4      Tap Left toe in front of Right, drop Left heel  
5-6      Rock Right to Right side, recover  
7-8      Cross Right in front of left, Hold

### Vine ¼ turn Left, Scuff, Rock Fwd. Right, recover, Step Back right, Hold

1-2      Step Left to left side, Cross right behind Left  
3-4      ¼ Turn left, Step Fwd. Left, Scuff right  
5-6      Rock Fwd. Right, Recover  
7-8      Step Back Right, Hold

### Point, Hitch, Point, Hold, Behind, Side Cross, Hold

1-2      Point Left to Left side, Hitch Left up & across Right  
3-4      Point Left to Left side, Hold  
5-6      Cross Left behind Right, Step right to right side  
7&8      Cross Left in front of right, hold.

**Restart the dance here on Wall 5, Facing 9 O`Clock – Start the dance from the beginning**

### Point, Hitch, Point, Hold, Behind, Side, Touch, Hold

1-2      Point Right to Right side, Hitch Right up & across Left  
3-4      Point Right to right side, Hold  
5-6      Cross Right behind Left, Step Left to Left side  
7-8      Touch Right beside Left, Hold

### Tags & Restart

Tag No. 1. After Wall 2, 4 Counts tag - Facing 6 O`Clock – Step Right Out, Hold, Step Left Out, Hold

Tag No. 2. After Wall 7, 4 Counts tag - Facing 3 O`Clock – Step Right Out, Hold, Step Left Out, Hold

Tag No. 3. After Wall 9, 8 Counts tag - Facing 9 O`Clock – Step Right Out, Hold, Step Left Out, Hold, Step Right In, Hold, Step Left In, Hold

Tag No. 4. After Wall 10, 4 Counts tag - Facing 6 O`Clock – Step Right Out, Hold, Step Left Out, Hold

**Restart: During Wall 5, after 24 Counts - Facing 9 O`Clock – Start the dance from the beginning**

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