

I Can Lose My Heart Tonight

COPPERKNOB
BY STEPHEN

拍数: 64 墙数: 4 级数: Beginner
编舞者: Bente Kongstad (DK) - January 2011
音乐: I Can Lose My Heart Tonight (Radio Version) - C.C. Catch : (Album: Catch The Catch)



Intro: 32 counts

Vine R, vine L

1-2 Step R to R side, cross L behind R
3-4 step R to R side, touch L beside R
5-6 step L to L side, cross R behind L
7-8 step L to L side, touch R beside L (facing 12 o'clock)

Walk fw with kick, walk back with touch

1-2 Walk fw R, walk fw L
3-4 walk fw R, kick L & clap
5-6 walk back L, walk back R
7-8 walk back L, touch R beside L (facing 12 o'clock)

Step ½ turn L, step, hold, jazzbox

1-2 Step R fw, make ½ turn L (weight on L)
3-4 step R fw, hold
5-6 cross L over R, step R back,
7-8 step L to L side, touch R beside L (facing 6 o'clock)

Monterey ¼ turn R, heel hook R, heel touch R

1-2 Point R to R side, step R next to L while making a ¼ turn R
3-4 point L to L side, step L beside R
5-6 touch R heel fw, hook R heel in front of L
7-8 touch R heel fw, touch R beside L (facing 9 o'clock)

Rumbabox

1-2 Step R to R side, step L beside R
3-4 step R fw, touch L beside R
5-6 step L to L side, step R beside L
7-8 step L back, touch R beside L (facing 9 o'clock)

Monterey ¼ turn R, heel hook R, heel touch R

1-2 Point R to R side, step R next to L while making a ¼ turn R
3-4 point L to L side, step L beside R
5-6 touch R heel fw, hook R heel in front of L
7-8 touch R heel fw, touch R beside L (facing 6 o'clock)

Diagonal step fw, diagonal step back, diagonal step back, diagonal step fw

1-2 Step R diagonally fw to R side, touch L beside R
3-4 step L diagonally back to L side, touch R beside L
5-6 step R diagonally back to R side, touch L beside R
7-8 step L diagonally fw to L side, touch R beside L (facing 6 o'clock)

Side step R, ¼ turn R, heel hook L, heel touch L

1-2 Step R to R side, step L beside R
3-4 make ¼ R stepping R fw, touch L beside R

5-6 touch L heel fw, hook L heel in front of R
7-8 touch L heel fw, step L beside R (weight on L) (facing 3 o'clock)

Restart: on wall 3 (facing 6 o'clock), dance count 1-32, then restart dance (facing 3 o'clock)

**Tag: on wall 6 (facing 9 o'clock), dance count 1-32, then make side step R w/touch & side step L w/touch.
Then restart dance (facing 6 o'clock)**
