

Ai Ching Cha Cha

COPPER KNOB
STEPSHEETS

拍数: 0 墙数: 0 级数: Phrased Intermediate
编舞者: Kenny Teh (MY) - December 2009
音乐: Ai Ching Cha Cha (愛情恰恰) - Chen Xiaoyun (陳小雲)



Start dance on vocals.

Sequence of Dance: A,B,C,A,B,D,B,E

Section A

1-2 Step L fwd hands up like a V, touch R behind L click fingers
3-4 Step back R hands crossed at chest level, touch L beside R click fingers
5-6 Step L back hands down like inverted V, touch R beside L click fingers
7&8 Lean to the R elbow bent move fist hands RLR

12,3&4 ¼ turn R step L fwd, recover R, ½ turn L shuffle fwd LRL

(R hand on hip, L hand make a circle anti clockwise)

56,7&8 Step R fwd, recover L, shuffle back RLR

(L hand on hip, R hand make a circle clockwise)

12,3&4 Rock L back, recover R, ½ turn R shuffle back LRL

(L hand on hip, push R hand fwd on count 1 2)

56,7&8 Rock R back, recover L, ¼ turn L chasse RLR

(R hand on hip, push L hand fwd on count 5 6)

1-4 Rock L fwd, hold, recover R, hold

56,7&8 Rock L fwd, recover R, ½ turn L shuffle fwd LRL

1-4 Rock R fwd, hold, recover L, hold

56,7&8 Rock R fwd, recover L, ½ turn R shuffle fwd RLR

12,3&4 Rock L fwd, recover R, ½ turn L shuffle fwd LRL

56,7&8 Step R fwd, pivot ½ turn L, shuffle RLR

Section B

1&2,3&4 L kick ball change, L kick ball change

56,7&8 Walk L, R, L shuffle fwd LRL

1&2,3&4 R kick ball change, R kick ball change

56,7&8 Walk back R, L, Back shuffle RLR

1-4 Rock L, Rock R, Rock L, Rock R,

56,7&8 Rock L, ¼ turn R touch R beside L, shuffle fwd RLR

1-4 Rock L fwd, recover R, Rock L fwd, recover R

5-8 Step L back, touch R beside L, kick R twice

1 Step R diagonally back

(L hand stretched out diagonally, R hand bent at elbow near the face)

2 Click fingers

3-4 Mirror count 1-2

5 ½ turn R step R diagonally back

(L hand stretched out diagonally, R hand bent at elbow near the face)

6 Click fingers

- 7-8 As above count 3-4
- 12,3&4 ¼ turn R big step R, close L to R, bump RLR
56,7&8 Big step L, close R to L, bump LRL
- 1-2 Step R to R leaning R, hold (Extend R hand out in front and then bring it to the chest)
3-4 bump R twice
5-6 Step L (Push Left shoulder fwd for 2 counts) OR LEFT BODY ROLL
7-8 Step R (Push Right shoulder fwd for 2 counts) OR RIGHT BODY ROLL
- 1-4 Cross L over R, hold, step R to R, hold
(L hand on L hip, slowly bring R hand from L side to the R side)
5-8 Cross L over R, slowly turn ¼ R and swing R hand up to the R diagonal palm facing out
- 1-2 Step R back (Bring R palm to the L side of the face, palm facing in), hold
3-4 Step L back (Bring R palm to the R side of the face, palm facing out), hold
5 Step R back (Bring R palm to the L side of the face, palm facing in)
6 Step L back (Bring R palm to the R side of the face, palm facing out)
7 Step R back (Bring R palm to the L side of the face, palm facing in)
8 Step L back (Bring R palm to the R side of the face, palm facing out)
- 12,3&4 Step R back, recover L, triple step on the spot RLR
56,7&8 Rock fwd L, recover R, ¼ turn L, chasse left LRL
(count 1-2 and 5-6, L hand extend fwd, R palm placed at face level, palm facing out, elbow bent)

Section C

- 1-4 Rock R fwd, recover L, stomp R beside twice
5-8 Rock L fwd, recover R, stomp L beside twice
- 1-4 Rock R to R, recover L, stomp R beside twice
5-8 Rock L to L, recover R, stomp L beside twice
- 1- 4 Step R, step together, step R, touch L
5-8 Step L, touch R beside, step R, touch L beside
- 1&2 3&4 ¼ turn L shuffle LRL, ¼ turn L shuffle RLR,
5&6 7&8 ¼ turn L shuffle LRL, ¼ turn L shuffle RLR,
- 1&2 3 4 Bump LRL, step R, touch L beside
5&6 7 8 Bump LRL, step R, touch L beside

Section D

- 12,3&4 Rock R fwd, recover L, back shuffle RLR
56,7&8 ¼ turn L rock back L, recover R, shuffle fwd LRL
- 12,3&4,56,7&8 As above
- 12,3&4,56,7&8 As above
- 12,3&4,56,7&8 As above
- 1-4 Cross R over L, step L to L, Cross R over L, step L to L,
56,7&8 Cross R over L, recover L, R chasse RLR
- 1-4 Cross L over R, step R to R, Cross L over R, step R to R,

56,7&8 Cross L over R, recover R, L chasse LRL
12,3&4 Step R fwd, ½ turn L on R hitch L, shuffle fwd LRL
56,7&8 Step R fwd, ½ turn L on R hitch L, shuffle fwd LRL
12&34 Cross touch R over L, hold, step on R, cross touch L over R, hold
&5,6&78 Step on L, cross R over L, hold, step on R, cross L over R, hold

Section E

12,3&4 Rock R fwd, recover L, R chasse RLR
56,7&8 Rock L fwd, recover R, L chasse LRL
1-2 ¼ turn L step fwd R, ¼ turn L step L to L
1-4 Stomp R to R 4 times making ¼ turn L
1-5 Stomp R to R 5 times each time moving R further away while L is on the same spot.
1-5 Bring R hand from L side down and to the R ending over the head.

Note: Please see video for my styling or better still use your own

Repeat

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