

Sometimes

拍数: 32 墙数: 2 级数: Beginner
编舞者: Bente Kongstad (DK) - January 2011
音乐: Sometimes - Erasure : (CD: Hits the very best of Erasure)



Intro: 32 counts

Rock FW R, shuffle back R, rock back L, shuffle FW L

1-2 Rock fw on R, recover weight on L
3&4 step back on R, step L beside R, step back on R
5-6 rock back on L, recover weight on R
7&8 step fw on L, step R beside L, step fw on L (12 o'clock)

Step ¼ L, cross shuffle L, side rock, cross shuffle R

1-2 Step fw on R, make ¼ L (weight on L)
3&4 cross R over L, step L to L side, cross R over L
5-6 rock L to L side, recover weight on R
7&8 cross L over R, step R to R side, cross L over R (9 o'clock)

Side, behind, ¼ turn R shuffle, ½ turn R, shuffle

1-2 Step R to R side, cross L behind R
3&4 make ¼ R stepping fw on R, step L beside R, step fw on R
5-6 step fw on L, make ½ R (weight on R)
7&8 step fw on L, step R beside L, step fw on L (6 o'clock)

Kick ball point R, kickball point L, cross point R, cross point L

1&2 kick R fw, step R beside L, point L to L side
3&4 kick L fw, step L beside R, point R to R side
5-6 cross R over L, point L to L side
7-8 cross L over R, point R to R side (6 o'clock)

Restarts (3)

On wall 2 (facing 6 o'clock) dance count 1-16 – then restart dance (facing 3 o'clock)
On wall 5 (facing 3 o'clock) dance count 1-16 – then restart dance (facing 12 o'clock)
On wall 8 (facing 12 o'clock) after count 1-16 – then restart dance (facing 9 o'clock)
