Dime-A-Dance (Mambo)



拍数: 0 墙数: 1 级数: Phrased Improver

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音乐: Dime Como Se Baila (Dime a Dance) - David Civera



Intro: 32 counts, starts on lyrics

Pattern A (Verse)

Part 1 (mambo forward and back, side Cuban break)

1&2	Left rock forward, Right recover, Left back
3&4	Right rock back, Left recover, Right forward

Left rock to left side, Right recover, Left beside RightRight rock to right side, Left recover, Right beside Left

Part 2 (point, point, sailor step, point, point, half turn sailor)

1-2 Left point forward, Left point to side

Left cross back of right, right to side, Left to side (sailor step)

5-6 Right point forward, Right point to side

7&8 Right cross back of right, half turn to right side Left to side, Right to side (half turn right sailor

step)

Repeat part 1 and 2 on back wall to get you back on front wall

Pattern B (Bridge)

(cross suffle to side, point to side, sailor step)

1&	Left cross over right, Right to side
2&	Left cross over right, Right to side
3&	Left cross over right, Right to side

4 Right point to right side

Right cross behind Left, Left to side, Right to side (sailor step)
Left cross behind Right, Right to side, Left to side (sailor step)

Reverse starting from the right (1&2&3&4,5&6,7&8)

Pattern C (Chorus)

Part 1 (mambo forward and back, haft turn mambo and back)

1&2	Left rock forward, Right recover, Left back
3&4	Right rock back, Left recover, Right forward

Left forward, Right close to left half turn to left, Left back

7&8 Right rock back, Left recover, Right forward

Part 2 (front Cuban break, quarter left turn sailor step - twice)

400	Left forward, Right on place, Left besides rig	L-4
1&2	Lett forward Right on place Lett besides righ	nt
. ~~	Lott for ward, ragint on place, Lott beende ng	

Right cross behind Left, quarter turn to left Left to side, Right forward (sailor quarter turn to

left)

5&6 Left forward, Right on place, Left besides right

Right cross behind Left, quarter turn to left Left to side, Right forward (sailor quarter turn to

left)

Repeat part 1 and 2 a second time

Tag 1 (hip rolls) to do after the first chorus (C) only

1-2 Feet stay on the ground while rolling your hips from left to right

Tag 2 (2 sailor steps) to do after the Bridge (B) the 4th time only, you'll hear it in the music that the bridge ain't over yet... so add 2 more sailor steps

1&2 Left cross behind right, Right to side, Left to side3&4 Right cross behind left, Left to side, Right to side

Directions for the dance (GPS)
A-A-B-C-TAG 1 (2 counts hip-round)
B-A-B-C
B-TAG 2 (add 2 more sailor steps L-R-L, R-L-R)
C-B-Final

FINAL

1-2,& Left point to side, hold, Left together

3-4,& Right point to side, hold, Right together hitch left knee up

5 Left point to left side.

Enjoy the mambo Dime-A-Dance