

White Lightning

拍数: 32 墙数: 4 级数: Improver
编舞者: Urban Danielsson (SWE) - May 2008
音乐: White Lightning Hit the Family Tree - Chris Young : (CD: Chris Young)



16 counts intro.

Section 1: Toe, Heel, Chassé right, Toe, Heel, Chassé Left

1 – 2 Touch right toe to left instep, Touch right heel to left instep
3 & 4 Step right to right side, Step left next to right, Step right to right side
5 – 6 Touch left toe to right instep, Touch left heel to right instep
7 & 8 Step left to left side, Step right next to left, Step left to left side

(Wall 7 – restart the dance from here)

Section 2: Back rock, Shuffle forward, Forward rock, Shuffle ½ turn left

1 – 2 Rock back on right foot, Recover weight onto left foot
3 & 4 Step right forward, Close left beside right, Step right forward
5 – 6 Rock forward on left foot, Recover weight onto right foot
7 & 8 ¼ turn left step right to left side, Close right next to left, ¼ turn left step left foot forward

Section 3: Kick-ball-cross x 2, Forward Rock, Behind-side-cross

1 & 2 Kick right foot forward, Step right next to left, Step left foot across over right
3 & 4 Kick right foot forward, Step right next to left, Step left foot across over right
5 – 6 Rock step right diagonally forward right, recover weight onto left
7 & 8 Cross right behind left, Step left to left side, Cross right over left

Section 4: Kick-ball-step 1/8 x 2, Forward rock, Shuffle ½ turn left

1 & 2 Kick left foot forward, Step left next to right turning 1/8 to the left, Step right foot forward (on left diagonal)
3 & 4 Kick left foot forward, Step left next to right turning 1/8 to the left, Step right foot forward
5 – 6 Rock step left foot forward, recover weight onto right
7 & 8 ¼ turn left step right to left side, Close right next to left, ¼ turn left step left foot forward

ENJOY!

Restart: during wall 7, after count 8.

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