

# Busy

拍数: 48      墙数: 2      级数: Easy Intermediate  
编舞者: Jo Kinser (UK) & John Kinser (UK) - January 2011  
音乐: Busy - Olly Murs



Start the dance on the vocals (0:10).

## [1-8] Walk, Walk, Chariston Step, Coaster Step, Switch & Switch &

1,2            Step Rt fwd, Step Lt fwd  
3,4            Sweep Rt foot from back to front touching Rt toe fwd, Sweep Rt toe from front to back  
                stepping back on Rt  
5&6           Step Lt back, Step Rt next to Lt, Step Lt fwd  
7&8&        Present Rt heel fwd, Step Rt next to Lt, Present Lt heel fwd, Step Lt next to Rt

## [9-16] Rumba Fwd, Rumba Back, 1/4 & 1/4 , Rumba Back

1&2           Step Rt to Rt, Step Lt next to Rt, Step Rt fwd  
3&4           Step Lt to Lt, Step Rt next to Lt, Step Lt back (beginning to make a 1/4 turn Rt)  
5&6           Make 1/4 turn Rt stepping Rt to Rt (3:00), Step Lt next to Rt, Make 1/4 turn Rt stepping Rt  
                fwd (6:00)  
7&8           Step Lt to Lt, Step Rt next to Lt, Step Lt back

## [17-24] Side, Together, Side, Touch, Side, Touch, Side Touch, Side, Together, 1/4, Full Turn

1&2&        Step Rt to Rt, Step Lt next to Rt, Step Rt to Rt, Touch Lt next to Rt (Optional: Clap on the  
                touches)  
3&4&        Step Lt to Lt, Touch Rt next to Lt, Step Rt to Rt, Touch Lt next to Rt (Optional: Clap on the  
                touches)  
5&6           Step Lt to Lt, Step Rt next to Lt, Make a 1/4 turn Lt stepping Lt fwd, (3:00)  
7,8           Make a 1/2 turn Lt stepping Rt back, Make a 1/2 turn Lt stepping Lt fwd

## [25-32] Jazz 1/4 Turn, Mambo Step, Coaster Step, Point 1/4, 1/2

1&2           Step Rt across Lt, Step Lt back, Make a 1/4 turn Rt stepping Rt fwd (6:00)  
3&4           Rock Lt fwd, Replace weight Rt, Step Lt next to Rt  
5&6           Step Rt back, Step Lt next to Rt, Step Rt fwd  
7,8           Make 1/4 turn Rt pointing Lt to Lt (9:00), Make 1/2 turn Rt pointing Lt to Lt (3:00)

## [33-40] Toe-Heel, Toe-Heel, Toe-Heel, 1/4, & Fwd, Step, Pivot, Full Turn, Fwd

1&            Touch Lt toe across Rt, Drop Heel  
2&            Touch Rt toe to Rt, Drop Heel  
3&            Touch Lt toe across Rt, Drop Heel  
4             Make 1/4 turn Rt stepping Rt fwd (6:00)  
&5            Step Lt next to Rt, Step Rt fwd  
\*\*\* Restart here: Wall 2 - &5, becomes &1.  
6,7           Step Lt fwd, Pivot 1/2 turn Rt (weight Rt) (12:00)  
8&1        Make 1/2 turn Rt stepping Lt back, Make 1/2 turn Rt stepping Rt fwd, Step Lt fwd (12:00)

## [41-48] Walk, Walk, Rock & 1/4, Cross, Side, Behind, 1/4, Fwd

2,3           Step Rt fwd, Step Lt fwd  
4&5           Rock Rt fwd, Replace weight Lt, Make a 1/4 turn Rt stepping Rt to Rt (3:00)  
6             Step Lt across Rt  
7&8&        Step Rt to Rt, Step Lt behind Rt, Make a 1/4 turn Rt stepping Rt fwd (6:00), Step Lt fwd

HAVE FUN

Restart on the second wall facing (12:00).

Co-choreographers: (01.11)

Jo & John Kinser - Email: [jo@jjkdancin.com](mailto:jo@jjkdancin.com) - Website: [www.jjkdancin.com](http://www.jjkdancin.com)

---