

Hold My Beer

COPPER KNOB
BY STEPHEN

拍数: 40 墙数: 2 级数: Improver / Intermediate
编舞者: Karl-Harry Winson (UK) - January 2011
音乐: Hold My Beer - Trace Adkins : (Album: Cowboy's back in Town)



Forward Rock. Back Lock-Step. Back Rock. Shuffle 1/2 turn.

1 – 2 Rock Right forward. Recover weight back on the Left.
3&4 Step Right back. Lock Left in front of Right. Step Right back.
5 – 6 Rock Left back. Recover weight forward onto Right.
7&8 Shuffle 1/2 turn Right stepping: Left, Right, Left. (6.00)

Side Rock. Cross Shuffle. Side Rock. Syncopated Weave.

1 – 2 Rock Right out to Right side. Recover weight onto Left.
3&4 Cross Right over Left. Step Left to Left side. Cross Right over Left.
5 – 6 Rock Left to Left side. Recover weight onto Right.
7 & Cross Left over Right. Step Right to Right side.
8 & Cross Left behind Right. Step Right to Right side.

***Restart here on Wall 3 (Replace counts 7&8 with a Left forward Shuffle)**

Cross Rock. Chasse 1/4 turn. Shuffle 1/2 turn. Coaster Step.

1 – 2 Cross Rock Left over Right. Recover weight back onto Right.
3&4 Step Left to Left side. Close Right beside Left. Make 1/4 turn Left stepping Left forward.
5&6 Shuffle 1/2 turn Left stepping: Right, Left, Right.
7&8 Step back on Left. Step Right beside Left. Step forward on Left.

Side-Close. Forward Shuffle. Hip Sways with Hitch. Chasse 1/4 turn Left.

1 – 2 Step Right to Right side. Close Left beside Right.
3&4 Step Right forward. Close Left beside Right. Step Right forward.
5 – 6 Step Left to Left side swaying hips Left. Sway hips Right – Hitching Left knee slightly next to Right.
7&8 Step Left to Left side. Close Right beside Left. Make 1/4 turn Left stepping Left forward.

Step. 1/2 turn Hook. Forward Shuffle. Step. 1/2 turn Hook. Forward Shuffle.

1 – 2 Step Right forward. Make 1/2 turn Left – Hooking Left foot across Right.
3&4 Step Left forward. Step Right beside Left. Step Left forward.
5 – 6 Step Right forward. Make 1/2 turn Left – Hooking Left foot across Right.
7&8 Step Left forward. Step Right beside Left. Step Left forward.

Restart

During wall 3 after Section 2 the Restart occurs. However replace counts 7&8& (Syncopated Weave) with a Left shuffle forward.

Enjoy!

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