

She's Walkin' On Me

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Sebastiaan Holtland (NL) - January 2011
音乐: Walkin' On Me (He Man Remix) - Big House



Intro: 32 Counts (16 Sec)

[1-8] Walk, Walk, Point Fwd, Back, Point Back, 1/2 unwind L, Walk, Walk

- 1-2 Stepping forward on Rf, stepping forward on Lf (12:00)
- 3-4 Point forward on Rf, step back on Rf weight onto Rf
- 5-6 Touch Lf back, unwind 1/2 left (6) take weight onto Lf
- 7-8 Stepping forward on Rf, stepping forward Lf weight onto Lf (6:00)

[9-16] Cross Mambo Right, 1/4 Turn R, Side, Cross Mambo Left, Out, Out, In, In, 2X Jumps Back, Jump both feet apart

- 1&2 Cross Rf over Lf, recover on Lf, making a 1/4 turn to right (9) step Rf to the right
- 3&4 Cross Lf over Rf, recover Rf, Lf next to Rf
- &5-6 Step Rf to the right, step Lf to the left, step both feet back to center weight onto both feet
- 7&8 Jump back both feet together, jump back both feet together, jump both feet apart take weight onto Lf (9:00)

Another option: 7&8 Jump back both feet together x3

[17-24] R Sailor step, Sailor Step with 1/4 Turn R, Fwd, 1/2 Pivot L, Walk, Walk

- 1&2 Step Rf behind Lf, step Lf to the left, step Rf to the right (Sailor) (9:00)
- 3&4 Step Lf behind Rf, making a 1/4 turn to right (12) step forward on Rf, step forward on Lf weight onto Lf (1/4 Sailor step)
- 5-6 Step forward on Rf, making a 1/2 turn to left (6) take weight onto Lf
- 7-8 Stepping forward on Rf, stepping forward on Lf (6:00)

[25-32] 1/2 Hinge Turn R, 1/2 Turn Monterey R

- 1-2 Step Rf to the right, HOLD (6:00)
- 3-4 Turn 1/2 to right on ball off Rf (12), step Lf slightly to the left take weight onto Lf, HOLD
- 5-6 Point Rf out to the right side, pivot 1/2 right (6) step Rf beside Lf
- 7-8 Point Lf out to the left side, step Lf beside Rf take weight onto both feet (6:00)

Start again and have fun!

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