

Memories of a Coal Miner's Daughter

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Easy Intermediate
编舞者: Ike Po (USA) & Virginia Po (USA) - December 2010
音乐: Coal Miner's Daughter - Loretta Lynn, Sheryl Crow & Miranda Lambert



R L TOE STRUT, SIDE ROCK, RECOVER, SYNCOPATED BEHIND SIDE CROSS

1-2 Slightly angle to right, touch R toe forward, drop R heel down
3-4 Slightly angle to right, touch L toe forward, drop L heel down
5-6 Step R to side, recover on L
7&8 Step R behind L, step L to side, step R cross over L

L R TOE STRUT, SIDE ROCK, RECOVER, SYNCOPATED BEHIND SIDE CROSS

1-2 Slightly angle to left, touch L toe forward, drop L heel down
3-4 Slightly angle to left, touch R toe forward, drop R heel down
5-6 Step L to side, recover on R
7&8 Step L behind R, step R to side, step L cross over R

RHUMBA BOX FORWARD

1-4 Step R to side, step L next to R, step R forward, hold
5-8 Step L to side, step R next to L, step L forward, hold

SIDE SHUFFLE, ROCK, RECOVER, ROCKING CHAIR

1&2 Step R to side, step L next to R, step R to side
3-4 Rock L back behind R, recover R forward
5-8 Step L forward, recover R back, step L back behind R, recover R forward

SIDE SHUFFLE, ROCK, RECOVER, ROCKING CHAIR

1&2 Step L to side, step R next to L, step L to side
3-4 Rock R back behind L, recover L forward
5-8 Step R forward, recover L back, step R back behind L, recover L forward

R L SIDE ROCK, RECOVER, CROSS, HOLD

1-4 Step R to side, recover on L, cross R over L, hold
5-8 Step L to side, recover on R, cross L over R, hold

SIDE SHUFFLE, ½ TURN LEFT SIDE SHUFFLE, ½ TURN RIGHT MONTEREY

1&2 Step R to side, step L next to R, step R to side
3&4 ½ turn left step L to side, step R next to L, step L to side
5-6 Point R toe to side, turn right ½ turn step R to side (weight on L while turning)
7-8 Point L toe to side, step L next to R

PIVOT 1/8 TURN LEFT (2X), JAZZ BOX

1-4 Step R forward, turn 1/8 left (weight on L), step R forward, turn 1/8 left (weight on L)
5-8 Cross R over L, step L back, step R to side, step L next to R

START OVER

Note: After completing the 6th wall you will be facing the back wall, repeat the last 16 count and do pivot ¼ turn (2X). You will then be facing the front wall.

Choreographer Contact Information:

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