

I Am A Man Like This

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 4 级数: Improver
编舞者: Kay Jeong (KOR) & Sugar Choi - December 2010
音乐: I Am A Man Like This - DJ Doc



Intro: 20 counts

Swivel Side, Together ×4

- 1-2 Swivel step right heel to left side (body diagonal facing 1:30), step left together (body facing 12:00)
3-7 Repeat 1-2 three more times ending with touch left together

Left Swivel Side, Together, Twist ×5

- 1-2 Swivel step left heel to right side (body diagonal facing 10:30:00), step right together (body facing 12:00)
3 Swivel step left heel to right side (body diagonal facing 10:30:00)
4-8 Twist heels right, left, right, left then right (weight remains on left)

Step Out, Out, Behind Touch, Side, Behind Touch, Side, Back, Together

- 1-2 Step out right to side, step out left to side
3-6 Touch right behind left, step right to side to side, touch left behind right, step left to side to side

Hand: left hand on waist, right arm down to the direction of the pointed left foot, place right fist over heart, down to the direction of the pointed right foot

- 7-8 Step right back, step left together

Side, Hip Rolling To Count To The Right, Hip Bumps, Hip Rolling To The Left, Hip Bumps

- 1-3 Step right to roll hips around to the left ending with weight left
4 Bump hips right
5-7 Roll hips to the left ending with weight right
8 Bump hips left

Hip Bumps Right, Left, Right, Left (Weight On Left, Body To Diagonal), Down, Up, Down, Up

- 1-4 Bump hips right, left, right, left

In a sitting position, weight on left and right foot heel up, hand movement: left hand put on hat, keep body angled to right diagonal at 1:30 until count 8

- 5-8 Dip body down, up, down, up (keeping weight on left foot and right foot touched)

Back Rock, Recover, Cross, Jump, Land Feet Apart, Jump, Cross, Full Turn, Side, Touch

- 1&4 Step right back, recover left forward, cross right over left, jump on both feet, land feet shoulder width apart
&5-8 Jump up on both feet, land feet cross, full turn right, step left to side, touch right together

¼ Jazz Box Left, Side Point, Cross, Side Point, Cross

- 1-4 Step right to side to side, cross left over right, step back right turn ¼ left, step left together
5-8 Touch right to side, cross right over left, touch left to side, cross left over right

Heel Switch, Big Step, Drag Touch, Side, Cross, Back, Jump And Land

- 1&2& Touch right heel forward, step right together, touch left heel forward, step left together
3-6 Big step right forward, drag left towards right, step left to side, cross right over left
7&8 Step left back, jump and land

Repeat

ENDING: Dance to count 32 then left hand put on hat and a sharp head turn looking at 12:00 wall
