

Rolling In The Deep

COPPER KNOB
STEPPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Steve Lustgraaf (USA) - August 2011
音乐: Rolling in the Deep - Adele



Start dance on vocals, 8 counts in. It's a quick start, be ready!

Step, ½ Turn, Step Back, Coaster Step, ½ Turn, Step Back x2, Coaster Step

1-2 Step forward R, turn ½ turn right and step back on L (now facing 6 o'clock)
3&4 Step back R, together L, forward R
5-6 Turn ½ turn right and step back L, step back R (12 o'clock)
7&8 Step back L, together R, step forward L

Touch, Step x2, ¼ turn Side Touch, Cross, Side Rock Cross.

9-10 Touch R forward, Step forward R
11-12 Touch L forward, Step forward L
13-14 ¼ turn left and point R to side, Cross R over L (9 o'clock)
15&16 Step side L, Step R in place, Cross L over R

Side, Replace, Cross & Turn, Forward Coaster Step, Step Back, Touch Back

17-18 Step side R, replace L
19&20 Cross R over L, Step slightly back L, turn ½ right and step R forward. (3 o'clock)
21&22 Step L forward, Step R next to L, step back L
23-24 Step back R, touch L back

½ turn, Point Cross x2, Step Back, ½ turn, Step Lock

25 Turn ½ turn left and Step L (9 o'clock)
26-27 Point R to right side, Cross R over L
28-29 Point L to left side, Cross L over R
30-31 Step back R, turn ½ left, Step forward L (3 o'clock)
32& Step forward R, Step L behind R (The count of 1 completes your step-lock-step)

Start Again

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Intime Dance Productions

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