

Hallejunior!

拍数: 48 墙数: 4 级数: Improver Viennese Waltz Temp
编舞者: Niels Poulsen (DK) - November 2010
音乐: Hallelujah - Lee Dewyze : (3:39)



Intro: Start after 24 counts, app. 7 secs into track.

* Restart: After 24 counts during your 4th wall. You'll be facing 9:00 when doing your restart

Note: After count 36 on 8th wall (facing 9:00) the music starts to slow down. Now, slow down your steps with the music and return to normal speed from wall 9, still facing 9:00

Info: This is a floor-split to my own intermediate dance 'Hallelujah!' to the same Lee Dewyze track

[1 – 12] Fw L, slow R sweep, jazz ¼ R, Fw L, slow R lift, slow R back rock,

1 – 3 Step fw on L (1), start sweeping R fw (2), complete your R sweep fw (3) 12:00
4 – 6 Cross R over L (4), turn ¼ R stepping back on L (5), step R to R side (6) 3:00
7 – 9 Step fw on L (7), start lifting R leg fw (8), complete R leg lift (9) 3:00
10 – 12 Step back on R (10), start twisting upper body slightly to R (11), finish twist to R side (12)
3:00

[13 – 24] Fw L, slow R sweep, jazz ¼ R, Fw L, slow R lift, slow R back rock,

1 – 3 Step fw on L (1), start sweeping R fw (2), complete your R sweep fw (3) 3:00
4 – 6 Cross R over L (4), turn ¼ R stepping back on L (5), step R to R side (6) 6:00
7 – 9 Step fw on L (7), start lifting R leg fw (8), complete R leg lift (9) 6:00
10 – 12 Step back on R (10), start twisting upper body slightly to R (11), finish twist to R side (12)
6:00

[25 – 36] Fw L with slow R sweep, weave, sway L, ¼ R into R basic fw

1 – 3 Step fw on L (1), start sweeping R foot fw (2), complete sweep (3) 6:00
4 – 6 Cross R over L (4), step L to L side (5), cross R behind L (6) 6:00
7 – 9 Step L to L side (7), start swaying L to L side (8), complete L sway (9) 6:00
10 – 12 Turn ¼ R stepping fw on R (10), step L next to R (11), change weight to R (12) 9:00

[37 – 48] ½ basic R, ½ basic R, L basic fw, R basic back

1 – 3 Turn ½ R stepping back on L (1), step R next to L (2), change weight to L (3) 3:00
4 – 6 Turn ½ R stepping fw on R (4), step L next to R (5), change weight to R (6) 9:00
7 – 9 Step fw on L (7), step R next to L (8), change weight to L (9) 9:00
10 – 12 Step back on R (10), step L next to R (11), change weight to R (12) 9:00

Begin again – and remember to sing along to this one!!!

Ending Complete wall 13 (which starts at 9:00). You'll end facing 6:00. Step fw on L and do a slow R turn to face 12:00

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