

# Don't Break My Stride

**COPPER** KNOB  
STEPSHEETS

拍数: 32                      墙数: 4                      级数: Beginner  
编舞者: Gerald Biggs (USA) - December 2010  
音乐: Break My Stride - Graham Blvd : (CD: Rock The Charts - 80's Style)



**Start on lyrics (32 count intro)**

## **WALK FORWARD, POINT, 2 COUNT PIVOT TURN, SIDE ROCK, CROSS BEHIND TOUCH**

- 1-2                      Walk forward RT, Walk forward LT
- 3-4                      Walk forward RT, Point LT toe to side
- 5-6                      On the balls of both feet do a ¼ 2 count Pivot turn RT (3:00) Dip body down & up in a body roll

**Style while doing these 2 counts. Weight on RT foot.**

- 7-8                      Step LT to side while rocking onto LT, Touch RT toe across behind LT heel

## **WEAVE RT, STEP TOGETHER, PIVOT TURN**

- 1-2                      Step RT to side, Step LT over RT
- 3-4                      Step RT to side, Step LT behind RT
- 5-6                      Step RT to side, Step LT next to RT
- 7-8                      Step RT forward, On the balls of both feet do a ½ pivot turn LT, Dip body down & up while doing this turn (9:00) (weight LT)

## **FORWARD LOCK STEP, STEP, SCUFF, FORWARD LOCK STEP, STEP, TOUCH**

- 1-2                      Step RT forward, Lock LT behind RT
- 3-4                      Step RT forward, Scuff LT forward
- 5-6                      Step LT forward, Lock RT behind LT
- 7-8                      Step LT forward, Touch RT toe next to LT foot

## **SIDE STEP, TOUCH, ¼ TURN LT, STEP, ½ TURN LT, STEP ¼ TURN LT**

- 1-2                      Step RT to side, Touch LT toe next to RT foot
- 3-4                      Turn ¼ turn LT (6:00) while stepping LT forward to (6:00) position
- 5-6                      Step RT forward, Turn ½ turn LT (12:00) (weight LT)
- 7-8                      Step RT forward, Turn ¼ turn LT (9:00) (weight LT)

**Start again**

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