

Friend In Need

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Kirsten Birkkjaer (DK) - December 2010
音乐: A Friend in Need - Dave Sheriff : (CD: Friend In Need - Single)



Section 1: Right Side Rock, Cross Shuffle Left, ¼ Turn Right x 2, Forward Shuffle.

- 1-2 Step right to right, Recover onto left.
3&4 Cross right over left, Step left to left, Cross right over left.
5-6 ¼ turn right by stepping back on left, ¼ turn right by stepping right to right side. (Facing 6 o'clock)
7&8 Step left forward, Close right beside left, Step left forward.

Section 2: Forward Rock, Shuffle ½ Turn Right, Forward Rock, Shuffle ½ Turn Left.

- 1-2 Rock right forward, Recover onto left.
3&4 ½ turn right by stepping right, left, right. (Facing 12 o'clock)
5-6 Rock left forward, Recover onto right.
7&8 ½ turn left by stepping left, right, left. (Facing 6 o'clock)

Section 3: Cross Side, Sailor Step, Cross Side, Sailor ¼ Turn Left.

- 1-2 Cross right over left, Step left to left.
3&4 Cross right behind left, Step left to left, Step right to right.
5-6 Cross left over right, Step right to right.
7&8 Cross left behind right. Step ¼ turn left by stepping right to right, Step left to left. (Facing 3 o'clock)

Section 4: Pivot ½ Turn left, Shuffle Forward, Forward Rock, Coaster Step.

- 1-2 Step right forward, Pivot ½ turn left. (Facing 9 o'clock)
3&4 Step right forward, Close left beside right, Step right forward.
5-6 Rock left forward, recover onto right.
7&8 Step back on left, Step right next to left, Step forward on left.

Section 5: Cross Side, Sailor Cross, Side Rock, Cross Shuffle.

- 1-2 Cross right over left, Step left to left.
3&4 Cross right behind left, Step left to left, Cross right over left.
5-6 Step left to left, Recover onto right.
7&8 Cross left over right, Step right to right, Cross left over right.

Section 6: Right Chasse, Cross Rock, Left Chasse, Cross ¼ Turn Right.

- 1&2 Step right to right, Close left beside right, Step right to right.
3-4 Cross left over right, Recover onto right.
5&6 Step left to left, Close right beside left, Step left to left.
7-8 Cross right over left, ¼ turn right by stepping back on left.
(Facing 12 o'clock)

Section 7: Right back Rock, Triple ½ Turn Left, ¼ Turn Together, Shuffle Forward.

- 1-2 Right back rock, Recover onto left.
3&4 Triple ½ turn left, by stepping right, left right. (Facing 6 o'clock)
5-6 ¼ turn left by stepping left to left side, Step right together left.
(Facing 3 o'clock)
7&8 Step left forward, Close right beside left, Step left forward.

Section 8: Right Forward Rock, Sailor ½ Turn Right, Left Forward Rock, Coaster Step.

- 1-2 Rock right forward, Recover onto left.

- 3&4 Make ½ turn right, by stepping right behind left, Step left next to right, Step forward on right.
(Facing 9 o`clock)
- 5-6 Rock left forward, Recover onto right.
- 7&8 Step back on left, Step right next to left, Step forward on left.

Ending:

To Finish Facing Front.

Last wall (6th)- Do the first 32 counts, Pivot ½ turn left, Shuffle forward.

- 1-2 Step right forward, Pivot ½ turn left.
- 3&4 Step right forward, Close left beside right, Step right forward.
-