

Strong Enough

拍数: 32 墙数: 4 级数: Improver
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音乐: Strong Enough - Cher



Start on vocals

Point Cross, Side Rock Cross, Point Cross, Side Rock ¼ Step

1-2 Point right to right (1), cross right over left (2)
3&4 Rock left to left (3), recover weight onto right(&), cross left over right(4)
5-6 Point right to right (5), cross right over left (6)
7&8 Rock left to left (7), making ¼ right recover weight onto right(&), step left forward(4)

Walk Walk Shuffle, Rock Recover Coaster Step

1-2 Step forward right (1), step forward left (2)
3&4 Step right forward(3), step left beside right(&), step right forward(4)
5-6 Rock left forward (5), recover weight onto right (6)
7&8 Step left back(7), step right beside left (&), step left forward(8)

Kick Ball Change ¼ Turn X4

1&2 Kick right forward (1), making ¼ turn right step right down(&), step left beside right(2)
3&4 Kick right forward (3), making ¼ turn right step right down(&), step left beside right(4)
5&6 Kick right forward (5), making ¼ turn right step right down(&), step left beside right(6)
7&8 Kick right forward (7), making ¼ turn right step right down(&), step left beside right(8)

Rock Recover ½ Turn Shuffle, Rock Recover ½ Turn Shuffle

1-2 Rock forward right (1), recover weight onto left(2)
3&4 Triple in place turning ½ right and step right, left, right
5-6 Rock forward left(5), recover weight onto right(6)
7&8 Triple in place turning ½ left and step left, right, left

Repeat
