

Raise Your Glass

COPPER KNOB
BY STEPHENETS

拍数: 64 墙数: 4 级数: Intermediate / Advanced
编舞者: Chris Jackson (UK) - December 2012
音乐: Raise Your Glass (Explicit Version) - P!nk



16 count intro (start on vocals)

SIDE ROCK, CROSS SHUFFLE, SIDE, TURN, CROSS SHUFFLE

- 1,2,3&4 Rock Right to Right side, recover Left, cross Right over Left, step Left to Left side, cross Right over Left
5,6,7&8 Step Left to Left side, make a quarter turn Right stepping Right to Right side, cross Left over Right, step Right to Right side, cross Left over Right

QUARTER, QUARTER, CROSS SHUFFLE, SIDE ROCK, FULL SHUFFLE TURN

- 9,10,11&12 Make a quarter turn Left stepping back on Right, make a quarter turn Left stepping Left to Left side, cross Right over Left, step Left to Left side, cross Right over Left
13,14,15&16 Rock Left to Left side, recover on Right, shuffle a full turn on the spot over your Left shoulder (feet L/R/L – now facing 9 o'clock –)

Easier version: Steps 15&16 Left sailor step.

CROSS ROCK AND CROSS SIDE, BACK ROCK, SHUFFLE HALF TURN

- 17,18&19,20 Cross Right over Left, recover on Left, step Right to Right side (slightly back), cross Left over Right, step Right to Right side
21,22,23&24 rock back on Left, recover on Right, shuffle a half turn over your Right shoulder (feet L/R/L – now facing 3 o'clock)

BACK ROCK, HALF-HALF STEP, SHUFFLE LEFT, ROCK RECOVER

- 25,26&27,28 Rock back Right, recover Left, make a half turn Left stepping back on Right, make a half turn Left stepping forward on Left, step forward on Right (easier version: Steps &27 two small steps forward RL)
29&30,31,32 Step forward Left, step Right next to Left, step forward on Left, rock forward on Right, recover on Left

KICK-BALL CROSS, SIDE, KICK-BALL CROSS, QUARTER, HALF, STEP

- 33&34 Kick Right forward, step on Right in place, cross Left over Right
35,36& 37 Step Right to Right side, kick Left forward, step Left in place, cross Right over Left,
38,39,40 Make a quarter turn Right stepping back on Left, make a half turn Right stepping forward on Right, step forward Left

FORWARD ROCK, SHUFFLE BACK, SHUFFLE BACK, BACK ROCK

- 41,42,43&44 Rock forward on Right, recover on Left, step back on Right, step Left next to Right, step back on Right,
45&46,47,48 Step back on Left, step Right next to Left, step back on Left, rock back on Right, Recover Left

KICK-BALL CROSS, SIDE, KICK-BALL CROSS, QUARTER, HALF, STEP

- 49&50 Kick Right forward, step on Right in place, cross Left over Right
51,52&53 Step Right to Right side, kick Left forward, step Left in place, cross Right over Left,
54,55,56 Make a quarter turn Right stepping back on Left, make a half turn Right stepping forward on Right, step forward Left

FORWARD ROCK, SHUFFLE BACK, SHUFFLE HALF TURN, FORWARD ROCK

- 57,58,59&60 Rock forward on Right, Recover on Left, Step back on Right, Step Left next to Right, Step back on Right,
61&62 Shuffle a half turn Left (feet L/R/L – now facing 3 o'clock),

63,64 Rock forward on Right, Recover Left

REPEAT

Wall 2. Omit steps 33-48

Wall 5. Omit steps 33-48

Tag: End of wall 5

BACK ROCK, FORWARD ROCK

1,2,3,4 Rock back on Right, recover on Left, rock forward on Right, recover on Left

Then start the dance again from the beginning.
