

Joyful Jingle Rock

COPPER KNOB
STEP SHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Nancy Lee (MY) - December 2010
音乐: Jingle Bell Rock - Joe Beal & Jim Boothe : (CD: Mean Girls Soundtrack)
或: any Christmas Song



Intro: 16 Counts

Section 1

[1-8] L Side Shuffle, Back Rock Recover, R Side Shuffle , Back Rock, Recover

1&2 Step L to L, Step R beside L, Step L to L
3-4 Rock Back On R, Recover on L
5&6 Step R to R, Step L beside R, Step R to R
7-8 Rock Back On L, Recover on R

Section 2

[9-16] Step Side, Cross Kick ,Step Side , Cross Kick, 1/4 turn R, 3/4 turn R, L Side Shuffle

1-2 L Step To L Side, Cross Kick R over L,
3-4 R Step To R Side, Cross Kick L over R,
5-6 1/4 turn R Step L Forward (3:00), 3/4 turn R Step R Forward (12:00)
7&8 Step L to L, Step R beside L, Step L to L

Section 3

[17-24] Back Rock, Recover, R Shuffle Fwd (Arch), Walk L, Walk R,(Semi Circle), L Side Shuffle

1-2 Rock Back on R, Recover on L,
3&4 R Shuffle Forward (Arch),
5-6 Walk L, Walk R (Semi Circle)
7&8 Step L to L, Step R beside L, Step L to L (12:00)

Section 4

[25-32] Point Step -R, Point Step - L, 1/2 turn R, 1/2 turn R, 1/2 turn R with Cross Shuffle

1-2 Point R beside L , Step Down On R,
3-4 Point L beside R , Step Down On L,
5-6 1/2 turn R, Step R Slightly Forward (6:00), 1/2 turn R, Step L Slightly Behind R-Weight on L (12:00),
7&8 1/2 turn R with Cross Shuffle to the L

Begin Again & Enjoy !!

Happy Holidays And Blessings !!

For Step sheet and Song , Please Contact : swan9198@gmail.com