

TJ Cha

拍数: 48 墙数: 4 级数: Intermediate Cha Cha
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音乐: She's the One - Tony Evans : (Album: Music For Dancing)



1 restart in wall 3 after 21 counts.

Time step, ½ turn right, time step, ½ turn right.

1 RF step right.
2 LF close RF.
& Weight on RF.
3 LF step left.
4 RF close LF.
& weights on LF, 1/2 turn right.
5 RF step right.
6 LF close RF.
& Weight on RF.
7 LF step left.
8 RF close LF.
& weights on LF, 1/2 turn right.

Rock step, ¼ turn chasse, syncopated rock steps.

1 RF step right.
2 Rock LF forward.
3 Recover weight on RF.
4 ¼ turn left, LF step left.
& RF close LF.
5 LF step left
6 Rock RF forward.
& Recover weight on LF.
7 Rock RF backwards.
& Recover weight on LF.
8 Rock RF forward.
& Recover weight on LF.

Rock step, ½ ronde, coaster step, syncopated lock steps (cha cha chase).

1 Rock RF backwards.
& Recover weight on LF.
2 Rock RF forward.
& Recover weight on LF.
3 ½ turn right, while doing this ronde with RF.
4 RF step backwards.
& LF close next RF.
5 RF step forward.
6 LF close behind RF.
7 RF step forward.
& LF close behind RF.
8 RF step forward.
& LF close behind RF.

Rock step, ¼ turn chasse, ½ turn right, ¼ turn chasse.

1 RF step forward.

- 2 LF rock forward.
- 3 Recover weight on RF.
- 4 $\frac{1}{4}$ turn left, LF step left.
- & RF close LF.
- 5 LF step left.
- 6 RF cross in front LF.
- 7 $\frac{1}{4}$ turn right, LF step backwards.
- 8 $\frac{1}{4}$ turn right, Rf step right.
- & LF close RF.

$\frac{1}{2}$ turn right, chasse, and lock, mambo step.

- 1 $\frac{1}{4}$ turn right, RF step forward.
- 2 LF step forward.
- 3 $\frac{1}{2}$ turn right, weight on RF.
- 4 LF step forward.
- & RF close LF.
- 5 LF step forward.
- & RF lock forward LF.
- 6 Hold.
- 7 Weight on RF.
- 8 LF step forward.
- & Recover weight on RF.

$\frac{1}{4}$ ronde, coaster step, forward chasse, $\frac{3}{4}$ turn left, side chasse.

- 1 $\frac{1}{4}$ turn right, RF ronde.
- 2 RF step backwards.
- & LF close RF.
- 3 RF step forward.
- 4 LF step forward.
- & RF close LF.
- 5 LF step forward.
- 6 RF step forward.
- 7 $\frac{3}{4}$ turn over left, weight on LF.
- 8 RF step right.
- & LF close RF.

Start again and have fun, for video's go to:

www.raymondsarlemijn.com or www.youtube.com Or go to www.google-video.com
