

A Perfect Day

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Simon Ward (AUS) - November 2010
音乐: Stay the Night - James Blunt : (Album: Some Kind Of Trouble)



Dance starts after 32 count intro

[1-8] Side, together, ¼ turn, Step fwd, ½ pivot turn, Step fwd, Lock/step, Fwd, ¼ pivot, cross/step

1&2 Step right to right side, Step left beside right, Step right to right side turning ¼ turn right
3&4 Step left forward, Pivot ½ turn right taking weight onto right, Step left forward
5&6 Step right forward, Lock/step left behind right, Step right forward
7&8 Step left forward, Pivot ¼ turn right taking weight onto right, Cross/step left over right

[9-16] ¼ right, ¼ right, weave left, side, together, forward, side, together, back

1-2 Step right to right side turning ¼ turn right, Step left forward turning ¼ turn right
3&4 Step right behind left, Step left to left side, Cross/step right over left
5&6 Step left to left side, Step right beside left, Step left forward
7&8 Step right to right side, Step left beside right, Step back on right

[17-24] Walk around, triple step run, walk, walk, rock fwd, back ½ turn, step fwd

1-2 Step left back turning 3/8 turn left, Turn a further ¼ turn left stepping forward on right
3&4 Run left, right, left turning a further ½ turn left
5-6 Walk forward right, Walk forward left
7&8 Rock/step right forward, Rock/recover left back turning ½ turn right, Step slightly forward on right

[25-32] Walk, walk, rock fwd, back ½ turn, step fwd, 1/8 turn, weave, cross/step

1-2 Walk forward left, Walk forward right
3&4 Rock/step left forward, Rock/recover right back turning ½ turn left, Step slight forward on left
5 Step right forward turning 1/8 left
6&7 Step left behind right, Step right to right side, Cross/step left over right
8 Cross/step right over left

[33-40] Side, weave, cross/step, ¼ turn, ½ turn, step fwd, pivot ½ turn, step fwd

1 Step left to left side
2&3 Step right behind left, Step left to left side, Cross/step right over left
4 Cross/step left over right
5-6 Step right to right side turning ¼ turn left, Step left back turning ½ turn left
7&8 Step right forward, Pivot ½ turn left taking weight onto left, Step right forward

[41-48] Walk, walk, step fwd, pivot ½ turn, fwd, step fwd, touch, point, touch, fwd, touch, point, touch

1-2 Walk forward left, Walk forward right
3&4 Step left forward, Pivot ½ turn right taking weight onto right, Step left forward
5&6& Step right forward, Touch left beside right, Point left toe to left side, Touch left beside right
7&8& Step left forward, Touch right beside left, Point right to right side, Touch right beside left

RESTART

Finish dance facing front on count 1, stomp right to right side.

Contact: bellychops@hotmail.com

