Gimmie Dat!



音乐: Gimmie Dat - Ciara: (CD: Basic Instinct 2010)



Intro: 32 Counts (15 Sec)

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[1–8] Stomp, He 1&2	eel Twists, Stomp, Heel Twists, Coaster Step, 1/2 Pivot L Stomp forward on Rf, twist both heels right, Twist both heels back to centre (weight on right) (12:00)
3&4 5&6 7-8	Stomp forward on Lf, twist both heels left. Twist both heels back to centre (weight on right) Step Lf back, step Rf beside Lf, step Lf forward weight onto Lf (Coaster) Step forward on Rf, making a 1/2 turn to left (6) take weight onto Lf
[9-16] 3/4 Turn L, Side, Cross Rock / Recover, Jump Both Feet Apart, Hold, & Cross, 1/2 Unwind R	
1-2	Making a 1/2 turn to left (12:00) step back on Rf, continue a 1/4 turn to left (9:00) step Lf to the left
3-4	Cross rock forward on Rf, recover on Lf
&5-6	Jump both feet apart (&5), HOLD take weight onto both feet (9:00)
& 7-8	Jump Lf across Rf (&7), unwind 1/2 right (3) take weight onto Lf ## Restart ##
Restart Here W	/all 4 after 16 count (facing 6 o'clock)
[17-24] Back Rock / Recover, L Full Turn Forward, Rock / Recover, Jump Both Feet Apart, Hold 1-2 Rock back on Rf, recover on Lf (3:00)	
3-4	Turning 1/2 left step R back, turning 1/2 left step L forward
5- 4 5-6	Rock forward on Rf, recover on Lf
&7-8	Jump both feet apart (&7), HOLD take weight onto both feet (3:00)
[25-32] & Cross, 1/2 Unwind R, Back Rock / Recover, Kick & Point, Kick & Point	
&1-2	Jump Lf across Rf (&2), unwind 1/2 right (9) take weight onto Lf
3-4	Rock back on Rf, recover on Lf
5&6	Kick forward on Rf, step Rf back in place, point Lf out to the left side
7&8	Kick forward on Lf, step Lf back in place, point Rf out to the right side (9:00)
[33-40] & Side Rock / Recover, 1/4 Turn L, & Side Rock / Recover, & Side Rock / Recover, 1/4 Turn L, & Side Rock / Recover	
&1-2	Step Rf beside Lf, rock Lf to the left, recover on Rf weight onto Rf (9:00)
&3-4	Making a 1/4 turn to left (6) step Lf beside Rf, rock Rf to the right, recover on Lf
&5-6	Step Rf beside Lf, rock Lf to the left, recover on Rf weight onto Rf
&7-8	Making a 1/4 turn to left (3) step Lf beside Rf, rock Rf to the right, recover on Lf
[41-48] Cross, 1/4 Turn R, Big Step Back, Side, Fwd, 1/4 Monterey Turn	
1-2	Cross Rf over Lf, making a 1/4 turn right (6) big step back on Lf
3-4	Step Rf to the right, step forward on Lf weight onto Lf
5-6	Point Rf out to the right side, pivot 1/4 right (9) step Rf beside Lf
7-8	Point Lf out to the left side, step Lf beside Rf take weight onto Lf (9:00)

Start Again

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