

Ode 2 an X

拍数: 40 墙数: 4 级数: Improver
编舞者: M. Vasquez (UK) - December 2010
音乐: Go Away - Gloria Estefan : (Album: Greatest Hits)



Note: Dance starts on the main lyric (Approx 10 counts of 8)

Section 1: Side Rock, Cross Shuffle, Side Rock, ¼ Right, Shuffle

1-2 Rock right out to right side, recover weight on left
3&4 Cross right over left, step left to left side, cross right over left
5-6 Rock left out to left side, turn ¼ right placing weight on right foot
7&8 Step forward left, place right next to left, step forward left (3:00)

Section 2: Forward Rock, ¾ Triple Turn Right, Heel, Hook, Shuffle

1-2 Rock right foot forward, recover weight back on left
3&4 Turn ¾ right, stepping right, left, right (12:00)
5-6 Touch left heel forward, hook the left foot
7&8 Step forward left, place right next to left, step forward left

Section 3: Heel, Hook, Shuffle, Forward Rock, Shuffle

1-2 Touch right heel forward, hook the right foot
3&4 Step forward right, place left next to right, step forward right
5-6 Rock left foot forward, recover weight back on right
7&8 Step back left, place right next to left, step back left

Section 4: Forward Rock, Shuffle, Toe, ¼ Turn Left, Heel, Step, Tap, Kick & Point

1-2 Rock right foot forward, recover weight back on left
3&4 Step back right, place left next to right, step back right
5&6 Turn left toe in towards right foot and touch, Turn ¼ left placing left heel on floor on the '&'
 beat, lift heel and place left foot on floor,
&7&8 right toe taps behind on the second & beat, kick right foot forward, place centre, point left to
 left side

Section 5: Kick & Point, Sailor Step x 2, Back Rock

1&2 Kick left foot forward, place centre, point right to right side
3&4 Step right behind left, rock onto left to the left side, recover weight onto right
5&6 Step left behind right, rock onto right to the right side, recover weight onto left
7-8 Rock back on the right foot recover onto left