

Bahagia

拍数: 32 墙数: 4 级数: Beginner
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音乐: Bahagia - Cynthia Lamusu & Surya Saputra



FORWARD ROCK, SAILOR STEP, SAILOR TURN 1/4 LEFT, UNWIND 3/4 LEFT

1-2 Step R Forward – Recover onto L
3&4 Cross R behind L, Step L to left side, Step in place
5&6 1/4 Turn Left Cross L behind R, Step R to right side, Step L in place (09:00)
7-8 Unwind : Cross Touch R over L turning 3/4 Left – Recover weight onto R

COASTER STEP, MAMBO CROSS X2 LONG DRAG

1&2 Step L back, Step R back together, Step L forward
3&4 Step R to right side, Step in place, Cross R over L
5&6 Step L to left side, Step R in place, Cross L over R
7-8 Big Step R to right side – Sliding L toward R in two counts (weight on R)

CROSS SHUFFLE – SWEEP – (X2), CROSS SHUFFLE, TRIPLE STEP TURN 3/4 RIGHT

1&2 Cross L over R, Step R to right side, Cross L over R,
& Sweep R from back to front
3&4 Cross R over L, Step L to left side, Cross R over L
& Sweep L from back to front
5&6 Cross L over R, Step R to right side, Cross L over R
7&8 Rock R forward, Recover onto L, turn 3/4 right – Step R forward (09:00)

FORWARD ROCK, SWEEP BACK, SWEEP TURN 3/8 LEFT, TOUCH (Face at 04:30), TRIPLE STEP FORWARD – FORWARD TURN 1/8 LEFT

&1-2 Sweep from back to front, Rock L forward – Recover onto R
3&4 Sweep backward on : L, R, L
5-6 Sweep R from back to front turning 3/8 right – Touch R beside L (04:30)
7&8 Walk forward on : R, L, R
& turn 1/8 Left, Step L forward (03:00)

TAG 1: End of Wall one, Do this following Tag ;

Cross Shuffle X2

1&2 Cross R over L, Step L to left side, Cross over L
3&4 Cross L over R, Step R to right side, Step L over R

TAG 2: End of Wall two, Do this 8 count Tag ;

Mambo Cross (X2) – Cross Shuffle (X2)

1&2 Step R to right side, Step L in place, Cross R over L
3&4 Step L to left side, Step R in place, Cross L over R
5&6 Cross R over L, Step L to left side, Cross R over L
7&8 Cross L over R, Step R to right side, Step L over R

**RESTART: After Wall five, dance up to 16 counts then do restart
(Note : transfer weight onto L, on count 16)**