

Full Tilt Boogie

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Beginner / Improver ECS
编舞者: Sheri Hurley (USA) - October 2010
音乐: Full Tilt Boogie (Up Tempo) - L.J.Coon : (Album: Livin In the Country Lane)



Intro: 40 counts, start on vocals.

Section 1: SWIVEL HEELS, TOES, HEELS TO THE LEFT, SWIVEL HEELS, TOES, HEELS TO THE RIGHT

1234 Swivel both heels to left, swivel both toes to the left, swivel both heels to left, hold and clap
5678 Swivel both heels to right, swivel both toes to the right, swivel both heels to right, hold and clap

Section 2 KNEE POPS

&1-2 Take wt. to left and pop right knee across left knee, Hold,
&3-4 Take wt. to right and pop left knee across right knee, Hold
&5678 Alternate popping knees right, left, right, Hold (weight is on left)

Section 3: CHASSE TO RIGHT, ROCK BACK, ROCKING CHAIR,

1&2 Step right to right side, step left together with right, step right to right side
3-4 Rock left behind right, return weight to right (facing 10:30)
5678 Rock forward into diagonal with left, return weight to right, rock back on left, return weight to right

(when doing the rocking chair take arms and raise them up when rocking forward and bring them back down exaggerating the rock step to look like you are tilting)

Section 4: CHASSE TO LEFT, ROCK BACK, ROCKING CHAIR,

1&2 (Square up to 12) Step left to left side, step right together with left, step left to left side
3-4 Rock right behind left, return weight to left (facing 1:30)
5678 Rock forward into diagonal with right, return weight to left, rock back on right, return weight to left (when doing the rocking chair take arms and raise them up when rocking forward and bring them back down exaggerating the rock step to look like you are tilting)

Section 5: BOOGIE WALKS FORWARD INTO DIAGONAL

1234 Touch right toe forward and slightly out to right, drop heel, touch left toe forward and slightly to left and drop heel
5678 Repeat above 4 counts

(Option)The above 8 counts can be done as toe heel struts moving forward with shimmies into diagonal (1:30) Add finger snaps – have fun with it!

Section 6: JAZZ SQUARE, WEAVE TO THE RIGHT

1234 Cross step right over left, step left back, step right to right side, (squaring up to 3) step left across right
5678 Step right to right side, step left behind right, step right to right side, step left together with right. (keeping feet slightly apart to start the swivels to the left)

Ending: Last rotation (11th) you will be facing the back wall. Complete the first 16 counts. Cross right over left and unwind a half turn left to face front.....Ta Dah! You're finished! So Fun!

Contact: (Sheril9dancer@aol.com)