

Yes, You Can

拍数: 32 墙数: 2 级数: Intermediate
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音乐: Can I - Coffey Anderson



Intro: 16 counts

TRAVELLING FWD R & L SAMBA STEPS, CROSS ROCK R, RECOVER, 1/4 TURN R, FWD STEP L, 1/2 PIVOT TURN R, FWD STEP L

1&2 Cross step right over left, rock left out to left side, recover weight on right
3&4 Cross step left over right, rock right out to right side, recover weight on left

Note: travelling slightly forward on counts 1-4

5&6 Cross rock right over left, recover weight on left, make 1/4 turn right stepping forward onto right
7&8 Step forward left, pivot 1/2 turn right, step forward left [9]

3x 1/2 TURN LEFT, COASTER STEP L, JAZZ BOX R-TOUCH L, 1/4 TURN L, FULL TURN L, SCUFF R

1&2 Make 1/2 turn left stepping back onto right, make 1/2 turn left stepping forward onto left, make 1/2 turn left stepping back onto right [3]

Alternative: Shuffle 1/2 turn left stepping right-left-right

3&4 Step back onto left, step right beside left, step forward onto left
5&6& Cross step right over left, step back onto left, step right to right side, touch left beside right
7&8& Make 1/4 turn left stepping forward onto left, make 1/2 turn left stepping back onto right, make 1/2 turn left stepping forward onto left, scuff right forward [12]

RESTARTS here during 3rd en 7th wall

CROSS R-BACK L-1/4 TURN R, CROSS L-SIDE R-BEHIND L, SWEEP R, BEHIND R-SIDE L-FWD STEP R, STEP L, 1/2 PIVOT TURN R, 1/4 TURN R

1&2 Cross step right over left, step back onto left, make 1/4 turn right stepping right to right side [3]
3&4& Cross step left over right, step right to right side, cross step left behind right, sweep right out and around from front to back
5&6 Cross step right behind left, step left to left side, step forward onto right
7&8 Step forward left, pivot 1/2 turn right, make 1/4 turn right stepping left to left side [12]

COASTER STEP R, TRAVELLING FWD L & R SAMBA STEPS, FWD ROCK L-RECOVER-1/2 TURN L

1&2 Step back onto right, step left beside right, step forward onto right
3&4 Cross step left over right, rock right out to right side, recover weight onto left
5&6 Cross step right over left, rock left out to left side, recover weight onto right

Note: travelling slightly forward on counts 3-6

7&8 Rock forward left, recover weight onto right, make 1/2 turn left stepping forward onto left [6]

Start again

RESTARTS

During walls 3 and 7 dance up to and including count 16 and restart the dance. You'll be facing 12.00 o'clock and 06.00 o'clock.