

Cold Cold Heart

拍数: 64 墙数: 4 级数: Improver
编舞者: Brian & Linda - October 2010
音乐: Cold Cold Heart - Alan Gregory



36 count intro

S1: Jazz Box With Toe Struts.

1-4 Cross right toe in front of left, drop right heel, step back on left toe, drop left heel.
5-8 Step right toe to right side, drop right heel, step left toe next to right, drop heel.

S2: Forward Heels, Back Steps, Forward Heels, Back Steps.

9-12 Step fwd on right heel, step fwd on left heel, step back on right foot, step back on left foot.
13-16 Step fwd on right heel, step fwd on left heel, step back on right foot, step back on left foot.

S3: Side Behind X 3, Right Side Rock, 1/4 Turn Left.

17-20 Step right to right side, step left behind right, Step right to right side, step left behind right,
21-24 Step right to right side, step left behind right, Rock right on right, step ¼ left on left.

Note for styling step on right heel on steps 17,19,21.

S4: Right And Left Lock Steps With Holds.

25-28 Step right forward, lock left behind right, step forward on right, hold.
29-32 Step left forward, lock right behind left, step forward on left, hold..

Note Alternative steps 29-31 can be full triple turn (right).

S5: Side Points, ¼ Monterey, Side Step, Hold.

33-34 Point right to right side, touch right in place.
35-36 Point right to right side, making a ¼ right turn step right in place
37-40 Point left to left side, touch left in place, step left to left side, hold.

S6: Vaudevilles Right And Left.

41-44 Cross right over left, step left to left side, tap right heel to right side slightly fwd, step right in place.
45-48 Cross left over right, step right to right side, tap left heel to left side slightly fwd, step left in place

S7: Right Rocking Chair, Heel Grind ¼ Turn Right.

49-52 Rock forward on right, rock back on left, rock back on right, rock forward on left.
53-54 Rock forward on right heel grinding heel ¼ turn right, step back on left.
55-56 Rock back on right, rock forward on left.

S8: Charleston Steps.

57-60 Swing right forward, hold, step right back, hold.
61-64 Swing left back, hold, step left forward, hold.

Ending: Dance ends during section 5, when facing 9'clock.

Dance up to step 42, section 6, then ¼ right step to face 12'clock. Pose...

Hope you enjoy this dance to a Hank Williams top hit of 60 years ago.....thanks Alan for a great track.