Johnnny's mambo

级数: Intermediate

编舞者: Chris Jackson (UK) - November 2010

音乐: Johnny's Mambo - Michael Lloyd & Le Disc : (More Dirty Dancing Soundtrack)

16 count intro (start on horns)

拍数: 32

(Alternative track: Bailamos by Enrique Iglesias)

MAMBO FORWARD, MAMBO BACK, MAMBO THREE-QUARTERS, TURN TURN STEP

- Step forward Right, recover on Left, step back Right 1&2.
- 3&4 Step back Left, recover on Right, step forward Left
- 5&6 Step forward Right, make a quarter turn Right as you recover on Left, make a half turn Right as you step forward Right (completing a three-quarter turn Right)
- 7&8 Make a half turn Right stepping back on Left, make a half turn Right stepping forward on Right, step forward Left

Or easier alternative: LEFT LOCK STEP FORWARD 7 Step forward Left, & Step forward Right and lock behind Left, 8 Step forward Left.

TURN ROCK, CROSS SHUFFLE, TURN ROCK, CROSS SHUFFLE

- Step forward Right and make a quarter Left as you rock Right to Right side, recover on Left, 9,10,11&12 cross Right over Left, step Left to Left side, cross Right over Left
- Step a guarter turn Left as you rock Left to Left side, recover on Right, cross Left over Right, 13,14,15&16 step Right to Right side, cross Left over Right

POINT, FULL TURN RIGHT, ROCK-RECOVER, CROSS, SIDE, CROSS, ROCK-RECOVER

17,18,19,20 Point Right toe forward, ronde the Right from front to back as you make a three-quarter turn to your Right stepping forward on Right, make a quarter turn to your Right (completing a full turn to your Right) as you rock Left to Left side, recover on Right

Or easier alternative:

TOUCH FORWARD, TOUCH SIDE, COASTER STEP/RONDE

- 17 Touch Right toe forward,
- 18 Touch Right toe Right side,
- Step back on Right, & Step Left next to Right, 19
- Step forward Right and ronde Left from back to front. 20
- Cross Left over Right, step Right to Right side, Cross Left over Right, rock Right to Right 21,22,23&24 side, recover on Left

CROSS, SIDE, CROSS-QUARTER-QUARTER, SIDE, HALF, HALF, BACK ROCK AND TOUCH

- Cross Right over Left, step Left to Left side, cross Right over Left, make a quarter turn to your 25,26,27&28 Right stepping back on Left, make a quarter turn to your Right stepping forward on Right
- 29&30 Step Left to Left side, make a half turn to your Right stepping Right to Right side, make a half turn to your Right stepping Left to Left side

Or easier alternative:

- CHASSE LEFT
- 29 Step Left to Left side,
- & Step Right next to Left,
- Step Left to Left side. 30
- 31&32 Rock back on Right, recover on Left, touch Right toe next to Left

TAG: 16 count tag at the end of Wall 4 (should be facing front) dance: MAMBO FORWARD, MAMBO TURN, MAMBO FORWARD, MAMBO TURN, MAMBO FORWARD, MAMBO





墙数:4

TURN, MAMBO FORWARD, MAMBO TURN

1&2,3&4 Step forward Right, recover on Left, step back on Right, make a quarter turn Left as you step back on Left, recover on Right, step forward on Left

5&6,7&8 Repeat above 3 more times then restart dance from the beginning (should be 9&10,11&12,13&14,15&16 facing front).

RESTART: On Wall 6 dance up to step 24, then restart dance from the beginning (should be facing front).

ENDING: On Wall 8 dance up to step 30 and replace 31&32 with: MAMBO BACK, PIVOT HALF TURN

31&32,33 Step back Right, recover on Left, step forward Right, pivot a half turn Left to face the front.