

JB's Contra Cracker

COPPER KNOB
STEPPERS

拍数: 40 墙数: 2 级数: Beginner / Improver Contra
编舞者: Justine Brown (UK) - November 2010
音乐: Uptown Girl - Billy Joel
或: Uptown Girl - Westlife



Then any Christmas party song you have.
suggestions 'Ricky Tomlinson, Calm Down Christmas' 'I wish it could be Christmas everyday' 'Rockin around the Christmas tree'

The way it works...

Start by making two lines down the middle of the hall..

opposite your partner

Decide which line will be A-Team, and which B-Team. (ie: A-Team are the people on the right side of the hall)

Turn round, so you are back-to-back with your partner (the first four counts are moving away from your partner towards the wall)

WALK FWD X3, KICK, WALK BACK X2, COASTER STEP

1-2 (walking away from your partner) Right Walk forward, Left Walk forward
3-4 Right Walk forward, Kick Left
5-6 Left Walk Back, Right Walk Back
7&8 Left Step back, Right Step Beside left, Left Step forward

STEP FWD, HOLD & CLAP, PIVOT ½, HOLD & CLAP, HEEL SWITCHES (R&L&R) HOLD

9 -10 Right Step forward, Hold & Clap
11-12 Pivot ½ Turn left, Hold & Clap
13&14 Touch Right Heel forward, & Right step in place, Touch Left Heel forward,
&15-16 & Left Step in place, Touch Right Heel forward, Hold &Clap

WALK FWD X3, STOMP & CLAP, SLAP LEGS, CLAP , SLAP LEGS, CLAP

17-18 (Walk towards your partner), Right Walk forward, Left Walk forward
19-20 Right Walk forward, Stomp Left beside right and Clap
21-22 Slap your legs with both hands, Clap your Right hand to your partners Right hand
23-24 Slap your legs with both hands, Clap your Left hand to partners Left hand

R STEP SIDE, TOGETHER, STEP SIDE, CLAP, L STEP SIDE, TOGETHER, STEP SIDE, CLAP

25-26 Right Step to right side, Left Step beside right
27-28 Right Step to right side, Touch left beside clapping hands with the person in front
29-30 Left Step to left side, Right Step beside left
31-32 Left Step to left side, Touch Right beside left clapping hands with the person in front

STEP SIDE, TOGETHER, STEP BACK, TOGETHER, WALK FORWARD (CHANGING SIDES)

33-34 Right Step to right side, Left Step beside right, (A-Team hold hands with person next to you)
35-36 Right Step Back, Left Step beside right
37-38 Right Walk forward, Left Walk forward (Lift arms for B-Team to pass under)
39-40 Right Walk forward, Left Walk forward

START AGAIN

The tricky bit:

During counts 33-36, the A-Team holds hands with the person beside them, and raise their arms

The B-Team passes under the arch as you all walk forward during counts 37-40.

On the next wall it's the B-Team who holds hands while A-Team passes under...

Sounds complicated but it makes sense once your all lined up.. Each side taking turns to hold hands and

make the arch.
