

Paradise City

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 2 级数: Beginner
编舞者: Chris Jackson (UK) - November 2010
音乐: Paradise City - Iron Horse : (CD: Take Me Home)



(any medium bluegrass track)

32 count intro (start when bass kicks in, not on vocals)

WALK FORWARD RIGHT, LEFT, RIGHT, KICK LEFT

1234 Step forward Right, Left, Right, kick Left forward

WALK BACKWARDS LEFT, RIGHT, TRIPLE STEP

567&8 Step backwards Left, Right, do a Triple Step on the spot (feet going Left/Right/Left – think cha-cha-cha!)

RIGHT, TOGETHER, LEFT, TOGETHER, RIGHT AND LEFT AND RIGHT, CLAP CLAP

9,10,11,12 Point Right toe to Right side, step Right next to Left, Point Left toe to Left side, step Left next to Right

13&14&15&16 Touch Right heel forward, step Right next to Left, touch Left heel forward, step Left next to Right, touch Right heel forward, clap hands twice

CROSS ROCK, CHASSE RIGHT, CROSS ROCK, CHASSE TURN LEFT

17,18,19&20 Step Right across in front of Left, recover on to Left, step Right to Right side, step Left next to Right, step Right to Right side

21,22,23&24 Step Left across in front of Right, recover on to Right, step Left to Left side, step Right next to Left, step Left to Left side making a quarter turn to your Left (a chasse to the Left with a quarter turn to the Left turning on the third step)

PADDLE ONCE, PADDLE TWICE, ROCKING CHAIR

25,26,27,28 Step Right toe forward and push round a one-eight turn (small turn) to your Left, recover slightly on to Left, without moving feet take weight back on to Right and push round another one-eight turn to your Left, recover weight fully back on to Left (this completes a one-quarter turn to your Left so you should be facing the back wall – or front wall if you started the dance on the back wall)

29,30,31,32 Step forward Right, recover weight back on to Left, step back Right, recover weight forward on to Left

DO IT AGAIN! (should end clapping hands and facing front)
