

# Break Your Heart

**COPPER** **KNOB**  
BY STEPHEN

拍数: 32      墙数: 4      级数: Improver  
编舞者: Grace Apostol - November 2010  
音乐: Break Your Heart - Taio Cruz : (CD: Rokstarr, Bonus Track Version)



Start dance on lyrics

## BEHIND-SIDE-CROSS, SIDE TOUCH, BEHIND-SIDE-CROSS, SIDE TOUCH

1&2      Cross right behind left, step left to side, cross right over left  
3-4      Touch left toe to side, hold (bump hips left - 2X)  
5&6      Cross left behind right, step right to side, cross left over right  
7-8      Touch right toe to side, hold (bump hips right - 2X)

## BACK STEPS, TURNING SAILOR STEP, TOE TOUCHES, LOCK STEP

1-2      Step right back, step left back  
3&4      Step right behind left, step left to side, turn 1/2 right (weight to right)  
5-6      Touch left toe to side, touch left toe behind right  
7&8      Lock step forward (diagonal left) left, right, left

## CROSS STEP, TURN, HOLD, CROSS STEP, TURN, HOLD

1-2      Cross right over left, turn 1/2 left (weight to left)  
3-4      Hold, hold  
5-8      Repeat steps 1-4

Arm styling:

Step 1 - Extend arms out, shoulder height

Step 2 - Fold arms onto chest, fingers turned inward

Step 3&4 - Thrust arms back, chest forward, as if tearing heart

## STEP FORWARD, TURN, STEP FORWARD, PADDLE TURNS

1-2      Step right forward, turn 1/2 left  
3-4      Step right forward, step left together  
5-6      Touch left to side, touch left to side diagonally turning 1/8 right  
7-8      Touch left to side diagonally turning 1/8 right, step left to side (weight to left)

REPEAT

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