

Break Your Heart

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Grace Apostol - November 2010
音乐: Break Your Heart - Taio Cruz : (CD: Rokstarr, Bonus Track Version)



Start dance on lyrics

BEHIND-SIDE-CROSS, SIDE TOUCH, BEHIND-SIDE-CROSS, SIDE TOUCH

1&2 Cross right behind left, step left to side, cross right over left
3-4 Touch left toe to side, hold (bump hips left - 2X)
5&6 Cross left behind right, step right to side, cross left over right
7-8 Touch right toe to side, hold (bump hips right - 2X)

BACK STEPS, TURNING SAILOR STEP, TOE TOUCHES, LOCK STEP

1-2 Step right back, step left back
3&4 Step right behind left, step left to side, turn 1/2 right (weight to right)
5-6 Touch left toe to side, touch left toe behind right
7&8 Lock step forward (diagonal left) left, right, left

CROSS STEP, TURN, HOLD, CROSS STEP, TURN, HOLD

1-2 Cross right over left, turn 1/2 left (weight to left)
3-4 Hold, hold
5-8 Repeat steps 1-4

Arm styling:

Step 1 - Extend arms out, shoulder height

Step 2 - Fold arms onto chest, fingers turned inward

Step 3&4 - Thrust arms back, chest forward, as if tearing heart

STEP FORWARD, TURN, STEP FORWARD, PADDLE TURNS

1-2 Step right forward, turn 1/2 left
3-4 Step right forward, step left together
5-6 Touch left to side, touch left to side diagonally turning 1/8 right
7-8 Touch left to side diagonally turning 1/8 right, step left to side (weight to left)

REPEAT
