

Off The Ground

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - November 2010
音乐: Higher - Taio Cruz



Starts On Vocal.. (48 Counts)

Side, Sailor Step, Behind, Side, Cross, Back, Step.

- 1 Step Left to Left side.
- 2&3 Cross step Right behind Left, step Left to Left side, step Right to Right side.
- 4-5 Cross step Left behind Right, step Right to Right side.
- 6-8 Cross step Left over Right, step back on Right (stick bum out), step forward on Left.

Step, 1/2, 1/2, Back, 1/2, Step, 1/2, 1/2.

- 1-3 Step forward on Right, pivot 1/2 turn to Left, make 1/2 turn to Left stepping Right next to Left.
- 4-5 Step back on Left, make 1/2 turn to Right stepping forward on Right.
- 6-8 Step forward on Left, pivot 1/2 turn to Right, make 1/2 turn to Right stepping Left next to Right.

Back, Coaster 1/4 Cross, Point, Behind, Point, Twist 1/4, 1/2.

- 1 Step back on Right.
- 2&3 Step back on Left, step Right next to Left, make 1/4 turn to left cross stepping Left over Right.
- 4-6 Point Right to Right side, step Right behind Left, point Left to Left side.
- 7-8 Swivel/twist 1/4 turn to Left, swivel/twist 1/2 turn to Right. (weight back on Left)

Step, Mambo Step, 1/2, Side With Dip, Shoulders R-L-R Rising Up.

- 1 Step forward on Right.
- 2&3 Rock forward on Left, recover on Right, step back on Left.
- 4-5 Make 1/2 turn to Right stepping forward Right, step Left to side dipping & pushing Left shoulder to left side.
- 6-8 Push Right shoulder to Right coming up slightly, push Left shoulder to Left coming up slightly more, push Right shoulder to Right rising up & leaning to Right lifting Left foot off floor. (R**)

Side, Behind, 1/8, Step, Step 1/2 Pivot, Step, Step 1/4.

- 1 Step Left to Left side.
- 2&3 Cross step Right behind Left, make 1/8 turn to Left stepping forward Left, step forward Right. (10:30)
- 4-5 Step forward on Left, pivot 1/2 turn to Right. (4:30)
- 6-8 Step forward on Left, step forward on Right, pivot 1/4 turn to Left. (1:30) (weight on Left)

Step, Left Lock Step, Rock Step, 3/8, 1/2, 1/2.

- 1 Step forward on Right.
- 2&3 Step forward on Left, lock Right behind Left, step forward on Left. (1:30)
- 4-5 Rock forward on Right, recover on Left.
- 6-8 Make 3/8 turn to Right stepping forward on Right, 1/2 turn to Right stepping back on Left, 1/2 turn Right stepping forward on Right. (R*)

Step, Hold, Ball Step. Hitch, Coaster Step, Cross 1/8.

- 1 Step forward on Left.
- 2&3 Hold, step Right next to Left, step forward on Left.
- 4 Scuff Right past Left & Hitch Right knee.
- 5-7 Step back on Right, step Left next to Right, step forward on Right.
- 8 Make 1/8 turn to Left cross stepping Left over Right.(4.30)

Cross 1/8, 1/8 Shuffle, 1/4, 1/4, 1/4, 1/8, Step. (Circular)

- 1 Make 1/8 turn to Right cross stepping Right over Left. (6:00)
2&3 1/8 turn to Right stepping back on Left, step Right next to Left, step back on Left. (7:30)
4-6 Make 1/4 turn Right stepping forward Right, (10:30) 1/4 turn Right stepping back Left, (1:30)
1/4 turn Right stepping forward Right, (4:30)
7-8 1/8 turn Right stepping forward on Left, step Right next to Left. (6:00)

R* Restart 1.. Walls 2 & 4

Dance up to & including Count 48 then Restart from beginning.

R Restart 2.. Wall 5**

Dance up to & including Count 32 then Restart from beginning.
