

Bailando

拍数: 32 墙数: 2 级数: Improver
编舞者: Bente Kongstad (DK) - November 2010
音乐: Bailando - Paradisio : (CD: - Bailando)



Intro 32 counts (from heavy beat)

Side step, side touch R, side step, ¼ turn L

- 1-4 Step R to R side, step L beside R, step R to R side, touch L beside R
5-8 Step L to L side, Step R beside L, make ¼ L stepping L forward, touch R beside L (facing 3 o'clock)

Heel hook, heel together R, Heel hook, heel together L

- 1-2 Touch R heel forward, hook R heel in front of L leg
3-4 Touch R heel forward, step R beside L
5-6 Touch L heel forward, hook L heel in front of R leg
7-8 Touch L heel forward, step L beside R

Vine R With ¼ turn & touch, vine L with touch

- 1-2 Step R to R side, step L behind R
3-4 Make ¼ to R stepping R forward, touch L beside R (facing 12 o'clock)
5-6 Step L to L side, step R behind L
7-8 Step L to L side, touch R beside L

2 X monterey ¼ turn R

- 1-2 Point R to R side, step R beside L while making a ¼ turn R
3-4 Point L to L side, step L beside R
5-6 Point R to R side, step R beside L while making a ¼ turn R
7-8 Point L to L side, step L beside R (facing 6 o'clock)

Tag: after wall 12 (facing 12 o'clock)

Heel touch R & heel touch L X 2

- 1-2 Touch R heel forward, step R beside L
3-4 Touch L heel forward, step L beside R
5-6 Touch R heel forward, step R beside L
7-8 Touch L heel forward, step L beside R

Walk forward R, L, R, L, ½ turn L, walk forward R, L

- 1-4 walk forward R, L, R, L
5-6 step forward on R, make ½ turn L (weight on L)
7-8 walk forward R, L (facing 6 o'clock)

Ending: Step R forward (facing 12 o'clock)
