

Give A Little More

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Kate Sala (UK) & Dee Musk (UK) - November 2010
音乐: Give a Little More - Maroon 5 : (Album: Hands All Over)



24 Count Intro. Approx 12 seconds. Track approx 3mins

KICK BACK CROSS, BACK SIDE, SHUFFLE FORWARD, STEP ½ TURN R.

1&2 Kick R foot forward, step back on R, cross step L over R.
3,4 Step R foot back, step L foot to L side.
5&6 Shuffle forward stepping R,L,R.
7,8 Step forward on L, make a ½ turn R keeping weight back on L. (6 o'clock).

• Restart during wall 3, begin again facing 6 o'clock wall.

COASTER STEP, HOLD BALL STEP, STEP, ANCHOR STEP, ¼ TURN L WITH SWAY.

1&2 Step back on R, close L beside R, step forward on R.
3&4 Hold count 3, close L beside R, step forward on R.
5 Step forward on L.
6&7 Cross rock on R behind L, replace weight to L, step back on R.
8 Make a ¼ turn L stepping L to L side with L hip sway. (3 o'clock).

SWAY HIPS R, L, CHASSE ¼ TURN R, STEP ¼ TURN R, CROSS SHUFFLE.

1,2 Sway hips R, sway hips L.
3&4 Step R to R side, close L beside R, make a ¼ turn R stepping forward on R.
5,6 Step forward on L, make a ¼ turn R.
7&8 Cross step L over R, step R to R side, cross step L over R. (9 o'clock).

SIDE STEP, ¼ BOX TURN L, CROSS ROCK, SWEEP SAILOR ¼ TURN R.

1 Step R to R side.
2,3,4 Make a ¼ turn L stepping L to L side, make a ¼ turn L stepping R to R side, make a ¼ turn L stepping L to L side.
5,6 Cross rock R over L, recover weight to L.
7&8 Sweep R out to the right making a ¼ turn R cross stepping R behind L, step L to L side, step R to R side. (3 o'clock).

CROSS SIDE, SAILOR ¼ TURN L, HOLD BALL STEP, STEP, MAMBO FORWARD.

1,2 Cross step L over R, step R to R side.
3&4 Making a ¼ turn L cross step L behind R, step R to R side, step L forward.
5&6 Hold count 5, close R beside L, step forward on L.
7 Step forward on R.
8&1 Rock forward on L, recover weight to R, step back on L. (12 o'clock).

HIP SWAY BACK, FORWARD, HIP SWAYS BACK, FORWARD, BACK, DRAG OUT OUT, CROSS STEP.

2,3 Step back on R swaying R hip back, sway L hip forward.
4&5 Sway R hip back, sway L hip forward, sway R hip back.
6&7 Drag L towards R, step L out to L side, step R out to R side
8 Cross step L over R. (12 o'clock).

SIDE BEHIND, AND CROSS ¼ TURN R, STEP ½ TURN R, LEFT LOCK STEP FORWARD.

1,2 Step R to R side, cross step L behind R.
&3,4 Step R to R side, cross step L over R, make a ¼ turn R stepping forward on R.
5,6 Step forward on L, make a ½ turn R.
7&8 Step forward on L, lock R behind L, step forward on L. (9 o'clock).

R JAZZBOX, STEP ¼ TURN L, KICK OUT OUT.

1-4 Cross step R over L, step back on L, step R to R side, step forward on L.

5,6 Step forward on R, make a ¼ turn L.

7&8 Kick R across L, step R out to R side, step L out to L side. (6 o'clock).

- Restart during wall 3, dance counts 1-8 then restart from the beginning of the dance facing 6 o'clock wall.

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