

Irish Country Beats

拍数: 48 墙数: 4 级数: Beginner
编舞者: Mary Frances Chua (MY) - October 2010
音乐: Irish Stew - Sham Rock



INTRO: 32 count

S1: Double Forward Shuffle, ½ Left Pivot Turn, Forward Shuffle

1&2 R fwd shuffle (left hand on hip & put up right hand in circular movement)
3&4 L fwd shuffle (left hand on hip & put up right hand in circular movement)
5-6 R step fwd, ½ left pivot turn [6]
7&8 R fwd shuffle

S2: Double Forward Shuffle, ½ Right Pivot Turn, Forward Shuffle

1&2 L fwd shuffle (left hand on hip & put up right hand in circular movement)
3&4 R fwd shuffle (left hand on hip & put up right hand in circular movement)
5-6 L step fwd, ½ right pivot turn [12]
7&8 L fwd shuffle

S3: Right Chasse , Left Back Rock, Left Chasse, Right Back Rock

1&2 R chasse (both hands on hips)
3-4 L back rock, recover on R (hands on hips)
5&6 L chasse (both hands on hips)
7-8 R back rock, recover on L (hands on hips)

S4: Right Hip Bump, Left Hip Bump, Point, ¼ Right Turn-Together, Point-Together

1&2 R hip bump, R-L-R (slight forward movement)
3&4 L hip bump, L-R-L (slight forward movement)
5-6 R point to right side, ¼ right turn [3], R together beside L
7-8 L point to left side, L together beside R

S5: Right Rolling Vine-Clap, Left Rolling Vine-Clap

1-4 R rolling vine (clap at count 4)
5-8 L rolling vine (clap at count 8)

S6: Twice Front Heel, Twice Back Toe, Right Heel-Together, Left Heel-Together

1-2 R heel touches twice at front (hands on hips)
3-4 R toe touches twice at back (hands on hips)
5-6 R heel touch diagonally at front, step together (hands on hips)
7-8 L heel touch diagonally at front, step together (hands on hips)

ENDING:

Do Section 1 (count 1-6), step forward on Right and ½ pivot left turn (count 7) to face front and stomp left with both hands up (count 8).

NOTE:

Specially choreographed for GAPOR ANNUAL DINNER COUNTRY NITE on 7 NOVEMBER 2010 (Sunday) at Merdeka Palace.