

I'll Be Your Man

拍数: 96 墙数: 4 级数: Phrased Intermediate / Advanced
编舞者: Anne Frydenlund (DK) - November 2010
音乐: I'll Be Your Man - James Blunt : (Album : "Some kind of trouble" from 2010)



The Dance starts after 16 counts.

PART A:

S1. Kick R fwd, Kick R out, Behind side cross, Kick L fwd, Kick L out, Behind side cross

- 1 – 2 Kick right forward, Kick right out to right side
- 3 & 4 Cross right behind left, Step left to left side, Cross right over left
- 5 – 6 Kick left forward, Kick left out to left side
- 7 & 8 Cross left behind right, Step right to right side, Cross left over right

S2. Side rock R, Recover L, Sailorstep R, Sailorstep L ¼ turn L, Rock step R fwd, Recover L

- 1 – 2 Step right to right side, Recover on left
- 3 & 4 Cross right behind left, Step right in place, Step right to right side
- 5 & 6 Cross left behind right making ¼ turn left, Step right beside left, Step left to left side (09:00)
- 7 – 8 Step right forward, Recover on left

S3. Kick R fwd, Kick R out, Behind side cross, Kick L fwd, Kick L out, Behind side cross

- 1 – 2 Kick right forward, Kick right out to right side
- 3 & 4 Cross right behind left, Step left to left side, Cross right over left
- 5 – 6 Kick left forward, Kick left out to left side
- 7 & 8 Cross left behind right, Step right to right side, Cross left over right

S4. Side rock R, Recover L, Sailorstep R, Sailorstep L ¼ turn L, Rock step R fwd, Recover L

- 1 – 2 Step right to right side, Recover on left
- 3 & 4 Cross right behind left, Step right in place, Step right to right side
- 5 & 6 Cross left behind right making ¼ turn left, Step right beside left, Step left to left side (06:00)
- 7 – 8 Step right forward, Recover on left

S5. Coasterstep R, Step ¼ turn R, Cross shuffle, Side rock R, Recover L

- 1 & 2 Step back on right, Step left beside right, step forward on right
- 3 – 4 Step left forward, ¼ turn R by putting weight on right while turning (09:00)
- 5 & 6 Cross left over right, Step right to right side, Cross left over right
- 7 – 8 Step right to right side, Recover on left

Tag: Danced only once after 24 counts of the 3. A pattern and then B part starts.

- 1 – 4 Step right to right side, Touch left beside right, Step left to left side, Touch right beside left

Part B:

S1. Walk R fwd, Beside, Hip bumps, Jazzbox ¼ turn, Scuff R

- 1 – 2 Walk right forward, Step left beside right
- 3 & 4 Hip bumps with hip to right side, left side, right side
- 5 – 8 Cross left over right, Step right back, Step left ¼ left, Scuff right over left

S2. Weave L, Cross rock R, Recover L, Shuffle ¾ turn R

- 1 – 4 Cross right over left, Step left to left side, Cross right behind left, Step left to left side
- 5 – 6 Cross right over left, Recover on left
- 7 & 8 Step right ½ back turning R, Step left next to right, Step right ¼ turn R

S3. Kickball change L, Kickball cross, Shuffle ½ turn L, Step R, Hold

- 1 & 2 Kick left forward, Step ball on left, Step right in place
- 3 & 4 Kick left forward, Step ball on left, Cross right over left
- 5 & 6 Step left ¼ turn L, Step right beside left, Step left ¼ turn L
- 7 – 8 Step right forward, Hold

S4. Kickball change L, Kickball cross, Shuffle ½ turn L, Step R, Hold

- 1 & 2 Kick left forward, Step ball on left, Step right in place
- 3 & 4 Kick left forward, Step ball on left, Cross right over left
- 5 & 6 Step left ¼ turn L, Step right beside left, Step left ¼ turn L
- 7 – 8 Step right forward, Hold

S5. Cross L, Point R, Cross shuffle, Side L, Recover R, Cross shuffle

- 1 – 2 Cross left over right, Point right out to right side
- 3 & 4 Cross right over left, Step left to left side, Cross right over left
- 5 – 6 Step left to left side, Recover on right
- 7 & 8 Cross left over right, Step right to right side, Cross left over right

S6. Fast Sugar foot R, Stomp R, Fast Sugar foot L, Stomp L, Step pivot L, Full turn L

- 1 & 2 Touch right toe turned in, Touch right heel turned out, Stomp right in place
- 3 & 4 Touch left toe turned in, Touch left heel turned out, Stomp left in place
- 5 – 6 Step right forward, Turn ½ turn L (weight on left)
- 7 – 8 Step right back ½ turn turning L, Step left ½ forward turning L

S7. Fast Sugar foot R, Stomp R, Fast Sugar foot L, Stomp L, Step ¼ turn R, Hip bumps

- 1 & 2 Touch right toe turned in, Touch right heel turned out, Stomp right in place
- 3 & 4 Touch left toe turned in, Touch left heel turned out, Stomp left in place
- 5 – 6 Step right forward, Step left ¼ to left side
- 7 – 8 Hip bumps with hip movements to right side, left side

Choreographers Notes: Pattern sequence is A, B, A, B, A, Tag, B, B

**Tag/restart: A 4-count Tag is danced after 24 counts of the 3. Time of Part A.
After the tag Part B starts.**
